



NATHAN LITTAUER

Hospital & Nursing Home

10 Helpful Hints When Looking at Littauer's Nursing Home:

1. You must qualify (require skilled care) to be placed in our hospital-based Nursing Home. Know what your options are and plan ahead.
2. A Patient Review Instrument is needed for the Nursing Home to evaluate someone for placement. This is a 4 page assessment tool that you can have completed by calling your local Central Assessment, County Nursing Service or CHC in Johnstown, New York.
3. Call facilities you are interested in **first** to make an appointment for a tour.
4. Make sure your wishes are known as they relate to medical care and Advanced Directives (i.e. Living Will, DNR, Health Care Proxy). Initiate a Health Care Proxy while you can make decisions.
5. Know your Nursing Home insurance coverage and the difference between Medicare and Medicaid.
6. Many people that enter a Nursing Home receive rehab therapy and are discharged (when appropriate).
7. Pets may visit our facility as long as they are up-to-date on their vaccines and are kept on a leash.
8. Many people will be here to help you during your stay, from Rehab Therapy, Nursing, Social Services, Recreation Therapy and additional members of the Interdisciplinary Team.
9. Personal items from home may be brought to the facility to help with the transition.
10. You may still enjoy a full social life with our Recreation Therapy Department, from bingo to church and many more activities. This will help you to enjoy your stay even more.

Having to go into a Nursing Home can be a very positive experience. We hope these 10 tips are beneficial to you when the need arises for you or your loved one and that you will keep Littauer in mind to serve you.

Sincerely,

Nathan Littauer's Nursing Home Administrator
Leslie Beadle