



RURAL NURSE  
RESIDENCY  
PROGRAM  

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**@LITTAUER**





# Highlights of Nursing Orientation:

- Simulation modules with multidisciplinary team members
- Pediatric core course
- Preceptor training class
- Glucose management, Sepsis, and ventilator weaning
- Critical medications, and how to administer them
- Resuscitation Quality Improvement program (RQI) for basic life support, advanced life support, and PACS
- AHA certifications offered: TNCC, ENPC

Rural nurses perform all of our patients' personal care, feeding, assessments, IV starts, administering medicine, transporting, and rounding. During a crisis, our team pulls together and supports each other. If you are a genuinely creative person who has the tenacity to work in a challenging environment, then you may want to consider a career in rural nursing. Rural nurses have the job security, flexibility, and the ability to make a positive impact on the community where they live.

**No prior experience needed — all are welcome!**

# Our UNIQUE offerings:

A rural health care experience

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Individualized orientation and mentorship

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Ongoing, innovative learning modalities

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Creative approaches to nursing

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Learning in a supportive environment

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Delivery of health care within our organization: Hospital, Nursing Home, Primary/Specialty Care, Rehabilitation, and Community Health

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Independently owned and operated

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More engaging care within our community

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Competitive financial incentives and benefits



# Why Rural Nursing?

## **JOB STABILITY**

Many rural areas need nurses to care for patients in their community

## **VARIETY**

As a rural nurse, you care for patients with various medical conditions

## **INDEPENDENCE**

Rural nurses demonstrate autonomy, practicing at the top of your scope

## **CREATIVITY**

Rural nurses are always intellectually, physically, or emotionally challenged

## **TEACHING AND EDUCATION**

Rural nurses have an important role in educating members of the community about making healthy lifestyle choices, with a limited amount of resources





# Our goals:

Our nursing residency program is customized for each nurse who applies, making our program very individualized.

While in school, all participants in our nursing residency will experience clinical rotations within inpatient units, and have a chance to round within the emergency room. There are self-paced learning modules followed by simulations. Our nurse residency program can last six weeks to a year, depending upon the education plan.

We create an experience that promotes growth throughout your career. Nurses learn with other nurses, just as a physical therapist learns with other physical therapists. As a novice you become part of a unified, multidisciplinary team. NLH has created a diverse atmosphere to create many opportunities for growth within our organization.



# Is Littauer's Nursing Residency right for me?



## **YES**, if you:

- Are an assertive patient advocate
- Have good interpersonal and customer service skills
- Possess the ability to multi-task
- Have the ability to shift gears and accelerate your pace as needed
- Like variety and complexity
- Can maintain a sense of calmness in a busy work environment
- Possess the ability to think fast and “on your feet”

# Nursing on the National Level

Globally, nurses are retiring faster than new graduates can be trained. The nursing profession is demanding and novice nurses struggle without a structured orientation and mentorship. The balance between retention and the high cost of health care, impacts education/orientation programs to run smoothly. Baccalaureate nurse programs are limited to online opportunities and clinical rotations in rural areas. That being said; there is a perception of rural nursing being less impressive, or more boring than urban centers.

However, that is not the case at Nathan Littauer Hospital & Nursing Home. Our nursing program and nursing residency is one of the best in the Adirondacks. Here, we offer a close, contemporary approach to health care and our patients. We embrace our community's health and wellness needs.



## Our Solution:

Nathan Littauer's strong commitment to our orientation and nurse residency program demonstrates how a small, independently owned and operated hospital can make such a big impact. Our residency program and clinical orientation program was established to assist with your unique experience and transition into practice. This includes new graduates, experienced clinical staff's transition to a new specialty, or returning back to bedside patient care.

Rural nursing is a specialty offering a unique opportunity in nursing profession requiring us to be generalist in a specialized world. Rural nursing also offers profound innovation and flexibility. We encourage nurses to explore different specialties and gain a multitude of skill sets while on orientation. Our program allows for nurses to experience an individualized plan, using a combination of classroom and simulation instruction.



# Our Philosophy:

We want to create a favorable experience for you; one that promotes growth throughout the span of your nursing career. Nurses learn well with one another, and we've created the perfect environment to learn.





# Why Littauer's Nursing Program?

Our nursing program is customized for each nurse who applies. We want you to succeed in any department. Our participating departments include: Emergency, Maternity, Operating room, PACU, Medical/Surgical, and our Special Care Unit.

Those in our nurse residency program will experience: clinical rotations within inpatient units and the emergency room. There are self-paced learning modules, followed by simulations. The nurse residency lasts 6 weeks to a year, depending on the unit and nurse's prior experience.

*Nursing. Made for you.*

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