



THE LITTAUER FAMILY OF HEALTH SERVICES

## Report to the Community



NATHAN  
LITTAUER

*Hospital & Nursing Home*

*Gems in the Adirondacks*

# GEMS IN THE ADIRONDACKS



Speculator



Caroga  
Lake

Mayfield

Gloversville  
Johnstown

Perth-  
Broadalbin

A hospital,  
a network of outpatient  
primary/specialty care  
centers, a nursing home  
and a wellness center  
— all working as a team,  
using the most current  
technology, and demonstrating  
genuine concern for you.

### A dazzling year.



It was last spring when I first heard people refer to Littauer as “a gem in the Adirondacks.” After some thought, I would have to say that I agree. We are continually answering your call for safe, accessible and modern healthcare, delivered with kindness and skill.

From our new Emergency Care Center to our reaccreditations by

The Joint Commission, to our new Birthing Center, we did not just meet expectations, we exceeded them. Our accomplishments are a testament to the dedication and skill of the team in our system of care.

Our recent accomplishments, continued growth in patient visits for all of our services and our financial health have positioned us well to implement many significant improvements over the next few years. Our future starts now.

Many of you share our enthusiasm for our future, though some of you may not know what a gem we truly are. To those of you, please get reacquainted with Littauer. You will see why more and more people are choosing us for their healthcare.

Therefore, on behalf of the Board of Directors and staff, thank you for your steadfast belief in Nathan Littauer Hospital and its Family of Health Services and for your continued support.

Sincerely,

*Laurence E. Kelly*

Laurence E. Kelly  
President and CEO



Dr. Bradley Paddock

## Our medical staff shines.

Our medical staff is our greatest asset. Every day they coordinate seamless patient care. It is an approach that combines the latest medical technology with a desire to help and the commitment to heal.

Dr. Jan Carstens



Dr. Charles Bertuch



Dr. Michael Schwartzman



Dr. Gabor Zoltay



Dr. Eric Klausner

***I have always said that a hospital is only as strong as its medical team. And I can say beyond a doubt that we are a remarkable hospital system filled with remarkable people including our excellent medical team.***

**Laurence E. Kelly**



A gem because we continue to grow.

<i><b>A Decade of Change</b></i>	<i><b>2000</b></i>	<i><b>2010</b></i>	<i><b>% Increase</b></i>
Primary Care Centers	3	8	+167%
Primary Care Patient Visits	39,880	104,840	+163%
Surgical Cases	4,631	5,709	+23%
Babies Born	362	430	+19%
HealthLink Attendees	7955	8419	+6%
Tests and Treatments	335,538	469,159	+40%
Lifeline Units	311	550	+77%



## A history that endures.

What began in 1894 as a community hospital is now a beacon of healthcare for the citizens in our area. Surely Lucius Littauer would be proud of our bold past and our bright future.



*Lucius N. Littauer*

*Original Operating Room*



*Original Hospital cir. 1900*



<b>May 30, 1894</b>	Hospital dedicated
<b>June 2, 1894</b>	First patient admitted
<b>June 25, 1894</b>	Women's Auxiliary of the Nathan Littauer Hospital Association organized
<b>February 9, 1896</b>	First graduating class of four nurses
<b>May 18, 1968</b>	New hospital building on State Street dedicated
<b>April 4, 1972</b>	First patients admitted to Extended Care Facility
<b>July 1, 1972</b>	Medical Arts Building opens for occupancy
<b>December 13, 1982</b>	Nathan Littauer Foundation, Inc., established with matching grant from the Lucius N. Littauer Foundation in New York City
<b>July 14, 1984</b>	Dedication of Harry Starr Pavilion (long time director and benefactor of the hospital and President of the Lucius N. Littauer Foundation) housing new emergency room, respiratory and rehabilitation departments, two operating rooms and new intensive care unit
<b>March 10, 1989</b>	HealthLink, Littauer's health and wellness resource center, presented first community education program
<b>July 9, 1990</b>	First hospital-based Primary Care Center opened in the Medical Arts Building
<b>May 30, 1994</b>	Centennial celebration for Hospital
<b>April 19, 1995</b>	First patients seen at Johnstown Medical Center (now Johnstown Primary Care Center)
<b>March 22, 2000</b>	Gloversville Primary Care Center relocated to a new building on the Hospital campus
<b>May 23, 2000</b>	New Surgical Suite opened
<b>January 2, 1996</b>	Mayfield Primary Care Center opened
<b>January 2, 1997</b>	Speculator Primary Care Center opened
<b>October 31, 2005</b>	Caroga Lake Primary Care Center opened
<b>March 22, 2006</b>	Second Gloversville Primary Care Center opened
<b>June 25, 2007</b>	Perth-Broadalbin Primary Care Center opened
<b>April 23, 2008</b>	Second Johnstown Primary Care Center opened
<b>December 16, 2009</b>	New Birthing Center opened
<b>February, 2010</b>	Perth Primary/Specialty Care Center expansion completed
<b>September 21, 2010</b>	Expansion and renovation of Emergency Care Center completed



## Unveiling a new jewel to our community.

**22,861**  
**Emergency Care Center**  
**visits in 2010**

In September we unveiled our new Emergency Care Center to an eager community. We invested \$2.3 million and expanded the Emergency Department by 40%.

We hope you never see it, but aren't you pleased to know it's there if you need it?



Congressman Paul Tonko visits the new center.



## Looking forward with clarity.

*Our road map for 2011 includes the following projects:*

- Another Primary/Specialty Care Center will open on Decker Drive in Johnstown, home to our pediatric providers: Richard Solby, DO, Shannon Colt, MD & Danita Curtis, FNP.
- The Diagnostic Imaging Department on the Gloversville Campus will expand, providing needed space for new technologies and services.
- We will make a myriad of Health Information Technology advancements for enhanced communication and patient safety.
- Significant investments will be made in surgical equipment to prepare for our new spine surgeon and urologist.
- We will continually invest in equipment that ensures safe, sterile patient care.



Thank  
you.  
Thank  
you.

2010

Thank  
you.

You are the reason  
Littauer can  
continue to provide  
extraordinary care  
to people in need.

When you support  
the Nathan Littauer  
Foundation you  
support the mission  
of Nathan Littauer  
Hospital & Nursing  
Home. Because of  
your generosity and  
passion Littauer will  
continue to deliver  
extraordinary care  
24 hours a day,  
365 days a year.

Where would we be  
without you?

Thank you for  
believing we are a  
gem, too!

While we have made every  
effort to ensure the accuracy  
of this list, please notify  
Kelly Colby of any changes or  
corrections. Contact her by  
phone at 518.773.5505 or by  
email—[kcolby@nlh.org](mailto:kcolby@nlh.org)

## The Nathan Littauer Foundation: A Gem for the Future

### The Lucius Littauer Society (\$250,000.00 - \$499,999.99)

Congressman Paul D. Tonko (Federal Grant)  
NYS Senator Hugh T. Farley (State Grant)

### Chairman's Gift Society (\$50,000.00 - \$99,999.99)

Timothy & Tina Delaney/Delaney Construction  
Corp./Delaney Crushed Stone Products  
NBT Bancorp

### Leadership Society (\$25,000.00 - \$49,999.99)

Johnstown Hospital Foundation, Inc.  
Kemp Family Foundation  
The Lucius N. Littauer Foundation, Inc.  
NLH & NH Auxiliary  
Millennium Medical Imaging, PC

### Major Gifts Society (\$10,000.00 - \$24,999.99)

Richard T. Aulisi & Ann T. Aulisi  
Louis Mauro Charitable Trust  
Sodexo Services, Inc.  
Ellen J. Wood  
Jeanne Wilkinson

### Benefactors (\$5,000.00 - \$9,999.99)

A.O.W. Associates, Inc.  
Howard S. Argersinger Trust Fund  
Fidelis Care  
Mary Hope Giardino and Family  
Brian & Anita Hanaburgh  
Laurence Kelly & Dianne Shugrue  
Patrice McMahon  
Mohawk Hospital Equipment, Inc.  
Ronald M. Olinsky & Nancy A. Travis  
Priscilla Parkhurst Ferguson & Robert A. Ferguson  
Saratoga Emergency Physicians, PC  
Stewart's Shops/Stewart's Foundation  
WEST & Company, CPAs, PC  
John & Lois Widdemer

### Patrons (\$2,500.00 - \$4,999.99)

Bond, Schoeneck & King, PLLC  
David & Ann Lee Clough  
Dr. & Mrs. Thomas Eagan  
Excellus Health Plan  
First Credit Corp of NY, Inc.  
Dr. & Mrs. John Fox  
Mr. & Mrs. Neal Garonzik  
David & Maureen Heacock

Edward S. Holcomb, MD  
Holiday Inn of Johnstown-Gloversville  
Henry & Heather Legendziewicz  
Dr. & Mrs. Matthew Kearney  
The M & T Charitable Foundation/M & T Bank  
Carol & Robert Maider  
Overton, Russell, Doerr & Donovan  
Pearl Leather Finishers, Inc.  
Lisa Queeney & John Vadney  
St. Jude Medical  
William & Phyllis Vaughn

### Donors (\$1,000.00 - \$2,499.99)

Amsterdam Mohawks, Inc.  
Anonymous  
Leslie Beadle & Family  
Paul & Roseann Beaudoin  
Martin & Diane Brown  
Charlene Ellingwood  
Euphrates, Inc.  
Debra & Mark Finkle  
Fraternal Order of Eagles, Aerie No 1575, F.O.E.  
Mr. & Mrs. Gerald R. Frisbie  
Frontier  
Fulton County EDC  
Mr. & Mrs. Edward J. Grover  
Wally Hart & William Crankshaw  
James S. & Ruth G. Howard  
Dr. & Mrs. H.B. Keshava  
Michael Kiernan  
Peter & Shawn Kiernan  
Susan A. Kiernan  
Ronald H. Kilmer & Jeanette Piech  
Neil & Linda McGovern/The Inn at Speculator  
Wayne & Susan McNeil  
Lawrence A. & Ann Melita  
James & Mary Mraz  
Regina A. Mulligan  
Fred & Sharon Olbrych/Olbrych Realty, Inc./  
School House Companies  
Bradley Paddock, MD  
Charles & Beatrice Papa  
Shantila Ramani & Kamini Ramani, MD  
Richard & Jane Reynolds  
Janet Rosen  
Leslie Roth  
Rowlands & Barranca Agency, Inc.  
Atty. & Mrs. David R. Seward  
Dr. & Mrs. Shriraj Shah  
Edward & Maureen Skoda  
Bill & Marsha Smith  
Mr. & Mrs. James St. Thomas/St. Thomas  
Family Foundation  
John & Sari Stewart  
Mrs. Arlene N. Superko  
William & Susan Thielking

Dr. & Mrs. Philippe Vuylsteke  
Wachovia Wells Fargo Foundation  
Matching Gift Program (Ron Olinsky)  
Iris Weiss & Family  
Whitney Radio Broadcasting, Inc. (WENT)  
Dr. & Mrs. Frederick K. Wiese  
Dr. Donald & Darla Wilsey  
Ron & Trina Zimmerman

### Supporters (\$500.00 - \$999.99)

Nancy Abrams  
Anonymous  
Anonymous  
Philip & Martha Beckett  
Stephanie P. Boyd  
Ed & Cathy Burek  
C.T. Male Associates, PC  
Tobin L. Cash  
Kelly J. Colby  
Nancy A. & Val H. Collins  
Community Health Center  
John & Arlene Comstock  
County Waste  
Donita & Brian Crankshaw  
Danita Curtis, FNP  
Dr. Gary & Mary DiSanto-Rose  
William B. & Terri G. Easterly  
Maria M. Gardiner  
Tariq Gill, MD  
Paula J. Hohensheldt  
Dr. Larry & Cheryl Horowitz  
Nan Jones  
Monica Kiernan  
Kingsboro Lumber Co., Inc./  
Donald and Paula Wicksell  
Bonnie L. Looman  
Margaret E. Luck  
Steve & Cheryl McGrattan  
Marguerite McGregor  
MM Hayes Co., Inc.  
Medical Liability Mutual Insurance  
Mountain Valley Hospice  
Optimus Architecture  
Debbie & Gary O'Rourke/Gary O'Rourke  
General Contracting  
Susan Palmer Johnson  
Kathie & Christian Rohrs  
Sondra Rowe, RN  
Todd & Donna Rulison  
Gus & Sandy Sacerio  
Larry & Cindy Sheeler  
Joseph M. Slovack  
Diane A. Swartz  
Wal-Mart Foundation ~  
Distribution Center #6041  
Thomas & Denise Walsh

Mary Weaver, RN  
Lana Wydra  
Dr. & Mrs. Alexander Yvars

### **Associates** (\$201.00 - \$499.99)

George & Ruth Abdella  
Delos & Minnie Abrams  
Michele & Ralph Acquaro  
Nicholas & Cathryn Arcomano  
Wendy & Louis Atamian  
Edward J. Ballantine, MD  
Victor & Gloria Batista  
Rosina & Brian Belknap  
Doctor Charles & Mrs. Nancy Bertuch  
Barbara Betz  
Betz, Rossi, Bellinger & Stewart  
Family Funeral Homes, Inc.  
Donna J. Boswell  
Jeff & Eileen Bray  
Jeff & Nancy Brown  
Rosemary & Jack Buggeln  
NYS Assemblyman & Mrs. Marc Butler  
Joan & Vincent Cangiano  
Catholic War Vets. Post 642  
Charles John Store/Speculator  
Department Store  
Walter & Denise Christ  
Mary Cleland  
Norm & Barbara Cohen  
Coldwell Banker Arlene M. Sitterly, Inc.  
Tom Connolly  
James DeSavio  
Kevin Dorr  
Mark & June Duesler  
Dr. Paul & Barbara Dworkin  
Roy & Janine Dykeman  
Roxeanna Ellsworth  
George & Pam Farhart  
Nan & Dudley Ferguson  
Fulton County Federal Credit Union  
Fulton County Outreach Team, Inc.  
Jerry & Patricia Green  
Lesia & George Grosse  
David & Kathryn Handron, MD  
Havlick Snowshoe Company/  
Richard and Janice Havlick  
Gerard & Amy Heckler  
Richard & Sue Herrick  
Linda Hidde  
Sam & Barbara Hillabradt  
Home Health Care Partners  
Polly Hoyer  
Mr. & Mrs. Theodore Hoyer  
Tim & Veronica O'Rourke ~  
J. O'Rourke & Sons  
Dr. & Mrs. John Kearney

Parvathi Kesari, MD & Mr. Sudhir Kesari  
Karen Lawson  
NYS Senator Betty Little  
William McQuire  
Dr. Banshi & Mrs. Sushila Mehta  
Evelyn "Lynn" R. Messenger  
Stanley Morgan  
Tim Morris/Morris – Burns Family  
Carrie L. Newkirk  
NLH & NH Auxiliary Sunshine Fund  
Larry O'Rourke  
Reverend Bonnie M. Orth  
William Osborne  
Charles & Janet Pacifico  
Jonathan & Stacey Palmer  
Mario & Johanne Papa  
Drs. J & H Patel  
Debra & William Perham  
Paul Perreault, MD  
Pineview Commons Home for Adults  
Peter Pollak  
Edith Pryce-Arnold, MD & Eugene Arnold  
Candice Ruskowski  
Najmus Saqib, MD  
Mr. & Mrs. George Sherman  
Bob Shwajlyk  
Dr. & Mrs. Stewart A. Silvers  
Kevin & Katie Smith  
Mr. & Mrs. Donald F. Stanyon, Jr.  
Art Stokes  
Mr. & Mrs. William Studenic  
Sonya & Richard Tatar  
*The Leader Herald &  
The Leader Herald Employees*  
Zone Project ~ Lions Club

### **Friends** (\$200.00 & under)

Robert & Erica Abdella  
Adirondack Board of  
Women's Lacrosse Officials, Inc.  
Adirondack Septic Tank  
Clara B. Albanese  
Amsterdam Printing & Litho  
John Anderson  
Anonymous  
Anonymous  
Anonymous  
Nancy Autilio  
Eve Bachner  
Jason & Kathleen Beck  
Teresa G. Becker  
Tom Bell & Holly Chamberlin  
Mrs. Joan E. Benton  
Mr. & Mrs. Richard Berger  
Ivy Besdin  
Ann Blanchard

Bowman's Market  
Frank & Paula Bowman  
Timothy Brooks, MD  
Jason & Shannon Brott  
Arthur Brown  
Mrs. Iva R. Brown  
Stephanie & Greg Brown  
Pat & Brad Brownell  
Joyce Brownell  
Robert Brunner  
Deborah Buck  
Buhrmaster Energy Group  
Dana Burns  
Thomas Burns  
JoAnn Bush  
Tom Callahan  
Bob Camoin  
Camp Merryland  
Camp of the Woods  
Mr. & Mrs. Richard P. Canuteson  
Mrs. Angelina Caraco  
John Casey  
Bill Castellano  
Judy & Dale Cetnar  
Judith Chickering  
Paul & Toni Christman  
Patrick & JoAnn Clear  
Mark & Nancy Clemente  
Vernon W. Colditz  
Herschel Coloney, Jr.  
Kimberly A. Colvin  
Concordia Singing Society  
Tom Connors  
Mark Crary  
Robert T. Cross  
Frances Cuomo  
Kelly M. Curtis  
George D'Agostino  
David & Virginia D'Amore  
*The Daily Gazette*  
Linda L. Darling  
Dave Ameden Floor Care  
Deborah A. Davis  
Victor L. DeGolyer  
Rene Dell'Arena  
Chas & Sue DeLilli  
Jayne Derby  
Derby Office Equipment  
Patrick DiCerbo/Northwestern Mutual  
Barbara & David DiMezza  
Tony Dispirito  
Rose Dixon  
Mary Louise Dumar  
Ashley Easterly  
Clark & Virginia Easterly  
Matthew Easterly  
Amy E. Ellsworth  
Mr. & Mrs. Mark Ellsworth

Dr. & Mrs. John W. Esper  
Family Counseling Center  
Ryan Finn  
Fulmont Community Action Agency  
Fulton County Regional Chamber  
of Commerce  
Donna Genatiempo  
Karl R. Gerlach  
G.H. Wood Company  
Joe Giardino, Jr.  
The Honorable Richard Giardino  
David Gibbons  
Linda Gilbert  
Glove Cities Rotary, Inc.  
Gloversville Lions Club  
Mrs. Betty J. Green  
Martha & Marc Grinberg  
Bob Gross  
Anthony & Phyllis Guiffre  
Thomas & Marlene Guiffre  
Lee T. & Marguerite Guild  
Half Moon Beach, Inc.  
Doris E. Hallenbeck  
Marie Hallenbeck  
Boyd & Janis Harman  
Sandra Harrington  
Leard Hawkins  
Jason Hillabrandt  
Stacey M. Hindes  
Jim & Linda Hinkle  
John Hladik  
Eric Holmquist  
Elaine Hoyer  
Roasia R. Hubiak  
Illustrated Properties/  
GMAC Real Estate  
Thomas A. Jennings  
Johnstown Lions Club  
Mr. & Mrs. Sidney Junquera  
Carolyn Kadle  
Timothy J. Keegan  
John Kelsch  
Bob Kiebitz  
Jack Kline  
Kneseth Israel Synagogue, Inc.  
Kathie & Jerry Kolins  
Barbara J. Kramer  
Dr. & Mrs. Brijesh Kumar Tantuwaya  
Lake Placid Advertisers Workshop, Inc.  
Lake Pleasant Golf, Inc.  
Lake Pleasant Sacandaga Foundation  
Dorothy LaPorta  
Joanne A. & John E. LaVallee  
Lawrence & Smith, PLLC  
Mr. & Mrs. Paul R. Leach, Jr.  
Mrs. Jessie C. Lesser  
Sheila Lewis

# Thank you.

2010

Continued

Keith & Janet Lockwood  
Dr. & Mrs. Bruce MacIntyre  
Maiden & Smith Attorneys-at-Law  
William A. Maidment  
Mr. & Mrs. Charles Malaret  
Mr. & Mrs. Delos H. Mallette  
Lisa Mannoni  
Robert & Jane Marsh  
Kathy Marshall  
Joseph J. Mastracco  
Dr. & Mrs. David Maude  
Dan McCabe  
William McCaffery  
Kyle & Jennifer McGovern  
Bill & Pat McGuire  
Margaret A. Merchant  
Ed Merendo  
Frances Mezza  
Fred Miller, Jr.  
Robert L. Miller  
Miller Printing  
Elaine S. Milstein  
Charlotte Minich  
Charmaine D. Miskinis, RN  
Anita DiCaterino Moore  
Helen Moore  
Carrie Moxham  
Mr. & Mrs. Bruce F. Mrha  
Mr. & Mrs. Robert Munn  
John Mycek, MD  
Karuna Narala, MD  
Gayle W. Newland  
NLH Nurses Alumnae Association  
Northampton Animal Hospital  
Michael C. O'Brien, PA-C  
Butch O'Grady  
Frank O'Grady  
John O'Leary  
Mike O'Rourke  
Olde Bryan Inn ~ Jeanne Wilkinson  
Frank & Darlene Orminski  
Will Osborne  
Oxbow Inn  
Ronald & Barbara Pagerie  
Shirley Pahl  
Jody M. Palmer  
Gust & Anita Panagiotis  
Angelina & Paul A. Parillo, Sr.  
Ken Parslow  
Patriot Federal Bank  
Andrea Patterson  
Patti's Greenhouses  
Barry Perkins  
Robert & Gloria Perrella  
Priscilla Person  
Dr. & Mrs. David Pesses  
Piseco Women's Club  
Pleasant Riders Snowmobilers, Inc.

Greer L. Pomeroy, MD  
Mr. & Mrs. Jan J. Popiel  
Michelle Porter  
Al Price  
Jean Richtmyer  
Barbara A. Rieth  
Jack Riley  
Amanda Rose  
Laura Rose  
Beate W. Rosenbaum-Madnick  
Betty & Lee Rout  
Richard & Nan Ruben  
Ruby & Quiri, Inc.  
Charles & Camille Ruggeri  
Art & Nancy Saltford  
Martin & Christel Santana  
Mrs. Madalene Salamack  
Don & Joan Savage  
Robert Schimoler  
Mr. & Mrs. Robert Schnebel  
School #16 (Troy, NY) Sunshine Fund  
James & Priscilla Selmsier  
Thomas Shearer  
Jim Sherman  
Richard Sherman  
Arlene Sitterly  
Clayton & Jane Sitterly  
Esther Sitts  
Mrs. Paul E. Smith  
Speculator Auto  
Speculator Spirits, Inc.  
Rose & Stephen Spurza  
Harry Stephens  
Stephenson Lumber Co., Inc.  
Linda Stevens  
Brittany Stewart  
Brody Stewart  
Doris Stewart  
Maruthi Sunkara, MD  
Dustin Swanger, Ed.D.  
Jonathan & Tara Sweet  
George Swift  
T.C. Murphy Lumber Co., Inc.  
Lori A. Talcott  
Barbara Tambasco  
Thomas J. Real Estate, Inc.  
William Tracy  
Tracy Lumber  
Chris Turner  
Elsie & Robert Unger  
James J. Vacek, MD  
Glenn & Kathy Valachovic  
Marie Valachovic  
Valachovic Plumbing, Heating  
& Air Conditioning  
Sally Valovic  
Bruce & Theresa Van Genderen  
Virginia M. Mackey Real Estate, LLC

Viscosi Photography  
Sarah Wadsworth & Children  
Walrath & Stewart Funeral Home  
Robert & Barbara Weiner  
Weller Home Care Products  
Michelle Wessendorf  
Judith Westra  
John & Nancy Wheeler  
Stacey L. White  
Mr. & Mrs. Donald R. Williams  
Williamson Optical  
Christy Wilt  
Dan Wilt  
Robert & Jan Winig  
Amy & Kenneth Wischuk  
Bonita S. Wollard  
Shelley Yerdon  
Bob Yerge  
Gretchen Zeitler  
Richard J. Zuckerwar  
Mary Zyzyes-Perez

## Gifts in Kind

Adirondack Gourmet ~ Neil McGovern  
American Hotel  
Bali Leather  
Marion Bayly  
Philip Beckett, CPA, PC  
Bond, Schoeneck & King, PLLC  
Tom Burns  
C3 Medical Spa ~ Lynda Kearney  
Casey's Corner  
Castiglione Jewelry, Inc.  
Charles John Store/  
Speculator Department Store  
Common Grounds  
Community Physical Therapy & Wellness  
Courtesy House  
Crowne Plaza  
Tony Dispirito  
Donuts & More ~ Mark Crary  
Maureen Dowd, L Ac  
James G. Doyle, Esq.  
Eagle Chevrolet-Cadillac ~  
James & Debi Provenzano  
Rebecca Ehle  
Debby Finkle  
Finkle Distributors, Inc.  
Fulton County Regional Chamber  
of Commerce & Industry  
Janet & Tom Germain  
Glimmerglass  
Great Camp Sacamore  
Tom Greene ~ GTO Sports Promotion  
Hamilton Co. Office for Tourism  
Hamilton Lake ~ Marilyn Tanner  
Wally Hart & William Crankshaw  
High Peaks Golf Course

Linda Hinkle  
Holiday Inn of Johnstown-Gloversville  
Erin Hollenbeck  
Cheryl Horowitz  
Hospice House ~ Reverend Williams  
The Inn at Speculator~Neil McGovern  
J Fine Jewelry  
Judith Ripka Creations, Inc.  
Michael Kiernan  
Krempa Landscaping ~  
Marty and Jeff Krempa  
Lake Pleasant Golf Course  
Lake Pleasant Marina  
Lamar Advertising  
Logan's Grill  
Longfellows Hotel & Restaurant  
Malone Golf  
Market Street Antiques  
Bryan Marcucci  
McCraith Beverage Co.  
Melody Lodge  
Miller Printing  
Mirror Lake Inn  
Mountain Market ~ Dave Swift  
Barbara Mullens  
Nathan Littauer Foundation Board  
of Directors  
Dave & Judy Nelson  
Newport Golf Course  
Nick Stoner Golf Course  
NLH & NH Auxiliary & Volunteers  
Debbie O'Rourke  
Bill Osborne  
Pine Brook Golf Course  
Rail Yard Restaurant  
Colleen Rasmussen  
Richard Reynolds  
Brittany Richards  
Rock Bottom Golf  
Rick Ruby  
Ruby & Quiri, Inc.  
Ruby & Quiri, Inc. Staff  
John Salvaggio  
Saranac Inn Golf Course  
Suzanne J. Schermerhorn  
Shriraj Shah, MD  
Jim & Mary Beth Sherman ~  
Peter Millar  
Silhouette Eye Studio  
Skiff's Dairy  
Dan Smith  
Sodexo Culinary Team  
Sandra Baldwin  
Gary Christensen  
Heather Davis  
Tim Forte  
Jill Frascatore  
Ed Gabeloff

Chris Hughes  
Bruce Jones  
Sandy LaFountain  
Rob Noble  
Scott Norris  
Bill Pepe  
Amanda Therrien  
Kelly Walsh  
Sodexo Services  
Steet Toyota of Johnstown  
Stellar Concierge  
Sunrise Diner  
TS Ensemble  
Marilyn Tanner  
Timely Signs of Kingston, Inc.  
Town of Caroga Lake  
Union Hall & Chef Megan Henck Saltsman  
US Foodservice ~ Diane Jones  
Valleyview Golf Course  
Doctor Chad Vaughn  
Village Fitness Center  
Denise Walsh  
Michael Walsh  
WENT AM 1340 Radio  
Whiteface Club Resort  
Jeanne Wilkinson  
Christy Wilt  
Aimie Wockenfuss ~ Adia Design  
WW Durant ~ Raquette Lake

## Memorials

**In Memory of Justin Albanese**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Rocco & Mollie Arcomano**  
Nicholas and Cathryn Arcomano

**In Memory of Mr. & Mrs. Joseph Bachner, II**  
Eve Bachner

**In Memory of Kenneth N. Benton, Jr.**  
Mrs. Joan E. Benton

**In Memory of Merol E. Brickner, MD**  
Dr. and Mrs. John W. Esper  
Dr. and Mrs. Lawrence Horowitz  
Beate W. Rosenbaum-Madnick  
Janet Rosen  
Leslie Roth  
Richard & Nan Ruben  
Dr. & Mrs. Alexander Yvars

**In Memory of John Brownell**  
Joyce Brownell

**In Memory of Aileen Buanno**  
Deborah A. Davis

**In Memory of Anthony C. Buanno**  
Bruce & Theresa Van Genderen

**In Memory of Erminia Cangiano**  
Mrs. Angelina Caraco

**In Memory of Ernesto Cangiano**  
Mrs. Angelina Caraco

**In Memory of Italo Cangiano**  
Mrs. Angelina Caraco

**In Memory of Corrado Caraco**  
Mrs. Angelina Caraco

**In Memory of Joseph & Frances Cipolla**  
Mr. & Mrs. Paul Leach, Jr.

**In Memory of Margaret A. Colby**  
Kelly Colby, Devan Rowe & Logan Rowe

**In Memory of Adelia Collins**  
Priscilla Parkhurst Ferguson & Robert A. Ferguson

**In Memory of Betty L. Coloney**  
Herschel Coloney, Jr.

**In Memory of "Deceased Family Members"**  
Mr. & Mrs. Gerald R. Frisbie

**In Memory of Emma A. DelSavio**  
Pat & Brad Brownell

**In Memory of Eleanor Denkert Cross**  
Robert T. Cross

**In Memory of James Franco**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Lucy Franco**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Dan Frasier**  
Don & Joan Savage

**In Memory of Marie A. Gerlach**  
Karl R. Gerlach

**In Memory of Joseph Giardino, MD**  
Mary Hope Giardino & Family

**In Memory of Kenneth E. Green**  
Mr. & Mrs. Richard Berger  
Mrs. Betty J. Green

**In Memory of Richard E. Hathaway**  
William A. Maidment  
Doris Stewart

**In Memory of Shirley J. Hunt**  
Frank & Paula Bowman

**In Memory of Beverly J. Intelisano**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Helen F. Jennings**  
Thomas A. Jennings

**In Memory of Nelson Kiernan**  
Michael N. Kiernan  
Susan A. Kiernan

**In Memory of Marian Lamb Parsons**  
NLH Nurses Alumnae Association

**In Memory of Bettie E. Lambo**  
Charles & Camille Ruggeri

**In Memory of James A. Lauria, Jr.**  
Ronald M. Olinsky and Nancy A. Travis

**In Memory of James & Lucille MacIntyre**  
Dr. and Mrs. Bruce C. MacIntyre

**In Memory of Whitney Martin**  
Dr. & Mrs. David L. Maude

**In Memory of Lucille Martin Thomas**  
NLH Nurses Alumnae Association

**In Memory of Mrs. Rosalie F. Mastracco**  
Joseph J. Mastracco

**In Memory of Josephine Megna**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Mary Montanye**  
Donna Genatiempo  
Esther Sitts

**In Memory of Stanley J. Moore**  
Helen Moore

**In Memory of Kathryn Mowrey**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Jim & Hilda Nicholson**  
Rose E. Dixon

**In Memory of Jacob Olinsky**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Sally Olinsky**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Neale & Richard Parkhurst**  
Priscilla Parkhurst Ferguson &  
Robert A. Ferguson

**In Memory of Jan J. Popiel, Jr.**  
Mr. & Mrs. Jan Popiel

**In Memory of Congetta Putnam**  
Paul & Toni Christman  
David & Barbara DiMezza  
Anthony & Phyllis Guiffre  
Thomas & Marlene Guiffre  
Angela & Paul A. Parillo, Sr.  
Robert & Gloria Perrella  
Viscosi Photography

**In Memory of Clifford Reese**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Emma & Carl Rich**  
Vernon W. Colditz

**In Memory of David Richtmyer**  
Jean Richtmyer

**In Memory of Elmer E. Rieth**  
Frank & Paula Bowman

**In Memory of Ida T. Ruggiero**  
Mrs. Clara B. Albanese  
Elsie & Robert Unger  
The Robert Weiner Family

**In Memory of Joseph G. Salamack**  
Mrs. Madalene Salamack

**In Memory of Alberta L. Travis**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Harrison O. Travis, Jr.**  
Ronald M. Olinsky and Nancy A. Travis

**In Memory of Kevin Unislawski**  
Marie Hallenbeck

**In Memory of Claude H. Vadney, MD**  
Lisa Queeney & John Vadney

**In Memory of Dr. Robert Valachovic**  
Glenn & Kathy Valachovic  
Marie Valachovic

**In Memory of Robert Wadsworth**  
Adirondack Board of Women's  
Lacrosse Officials, Inc.  
MaryLouise Dumar  
Shirley Pahl  
Martin & Christel Santana  
School #16 (Troy, NY) Sunshine Club  
Sarah Wadsworth and Children

**In Memory of Ruth Weiner**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Iris Weiss**  
Ivy Besdin  
Stephanie & Greg Brown  
Jayne Derby  
Mr. & Mrs. Neal S. Garonzik  
Martha & Marc Grinberg  
Monica Kiernan & Family  
Kathie & Jerry Kolins  
Elaine S. Milstein  
Betty and Lee Rout  
Richard J. Zuckerwar

**In Memory of Robert O. Wemple**  
Mrs. Jessie C. Lesser

**In Memory of Agnes Willits**  
Ronald M. Olinsky & Nancy A. Travis

**In Memory of Jerry Wood**  
Ellen Wood

**In Memory of C. Garfield Zeitler**  
Gretchen Zeitler

## Tributes

**In Honor of Mr. & Mrs. Henry Blizzard on their 70th Wedding Anniversary**  
Ronald M. Olinsky & Nancy A. Travis

**In Honor of Jane Cornell**  
Sally Valovic

**In Honor of Tammy A. Gerdes**  
Linda J. Stevens

**In Honor of Archer E. Harrington**  
Sandra A. Harrington

**In Honor of Akber Hassam, MD**  
William A. Maidment

**In Honor of HealthLink Littauer**  
Bonita S. Wollard

**In Honor of Michael Mairs, MD**  
William A. Maidment

## Each LITTAUER volunteer is a gem.

Nathan Littauer Hospital's corps of volunteers, "The Auxiliary," is perhaps one of the brightest gems we have. Our Auxiliary assists our patients, residents, their families and visitors.

***A gentle touch.***

***A newspaper delivered.***

***Directions for an anxious family.***

It is their dedication to your comfort and their unyielding support that truly touches so many lives.

A vast pool of talent comprised of 118 people, our Auxilians are the heartbeat of our Hospital. These valuable members of our care team provided over 12,000 hours of service in 2010. In the same year they also raised \$35,000, nearly completing their \$200,000 pledge to the Capital Campaign for Excellence.

Gems? Yes. In every sense of the word.

**If you would like to volunteer at the Hospital or Nursing Home please call Susan McNeil at 518.773.5408.**



Thank you for donating to our Auxiliary projects.

### Card Party

#### *Patrons*

Teresa G. Becker  
Joan Bryan  
Ann Lee Clough  
Norm & Barb Cohen  
Chloe A. Correll  
Ginger Driscoll  
D'Errico & Farhart Insurance Agency  
Kathleen Egly  
Nan & Dudley Ferguson  
Marilyn C. Finocan  
John M. Fox, DDS  
Dorene Higier  
Mary Hope Giardino  
Dr. Lawrence & Cheryl Horowitz  
Elaine Hoyer  
Mrs. D. Keshava  
Monica Kiernan  
Atty. Robert & Carol Maider  
Patsy Suydam  
Ron Olinsky & Nancy Travis  
Angie Perrone  
Mrs. Paul E. Smith  
James J. Vacek, M.D.  
Lois Widdemer  
Jeanne Wilkinson  
Ellen Wood  
Patricia Zimmerman

### Card Party

#### *Donations*

Al's Pizzeria  
Alpin Haus  
Antonucci Produce  
Bona's Discount Liquor  
Bowman's Market  
C & R Restaurant  
Charlie's Restaurant  
Norma Cozzolino  
Dunkin Donuts  
Fireside Restaurant  
Fuel & Food  
Fulton County YMCA  
Holiday Inn of  
Johnstown~Gloversville  
Jackie's Diner  
Bonnie James-Cooper  
Java Junction  
Laurence Kelly  
Lanzi's On The Lake  
Leonzo's Pizza  
Longfellows, Saratoga  
Mary Ann's Restaurant

Mohawk Harvest Coop.  
Mountain Valley Hospice  
Mulberry Tree  
Naif's  
NLH & NH Auxiliary Gift Shop  
Olde Bryan Inn, Saratoga  
Partner's Pub  
Patricia's Restaurant  
Patti's Greenhouses  
Peebles  
Price Chopper  
Rail Yard Restaurant  
Raindancer Restaurant  
Nancy Rodenmacher  
Roselyn's Styling Salon  
Sam's Seafood Steakhouse  
Spirits of the Adirondacks  
Thomas' Hallmark  
Union Hall Inn

### Tree of Lights

#### *Contributors*

Nancy Abrams  
Ann Adore  
Becky Allen  
Barbara Alvord  
Bruce & Kristina Anderson  
Gale Austin Jr.  
Katie Bergmann  
Phil & Karen Bischoffberger  
Beverly Bolebruch  
Henry and Marie Born  
William & Jane Bowler  
Diane Bradshaw  
Christine Brice  
Craig & Carol Brookins  
The Brownell Family  
Donna Brownell  
Jennifer Brownell  
Rosemary Buggeln  
Matthew Chaknis  
Katherine Clark  
Barbara Cohen  
Irving Colby  
Kelly Colby, Devan & Logan Rowe  
Nancy Collins  
Herschel Coloney  
John & Charleen Cooper  
Donna Cramer  
Deborah Davis  
PJ DeLilli  
Rene Dell'Arena  
Pat & GN Doull-Travis  
Jeffrey Dowd  
Brigid Marie Dugan

Ziggy Dugan  
Janine & Roy Dykeman  
Teresa Edwards  
Donna Ellithorpe  
Diana Elmendorf  
Lorna Elmendorf  
Ann Everetts  
Norma & Claude Faville  
Robert Ferguson  
Karen Ferjanec  
Angelo & Phyllis Finateri  
Russell & Patricia Ford  
John Fox, DDS  
John & Patricia Franco  
Louis Franco  
Gerald & Babette Frisbie  
Robert & Connie Gage  
Nellie Georgelos  
Irmgard Getzlaff  
Candace & William Gleaves, III  
Frank & Pearl Glover  
Gloversville Lions Club  
Phyllis Gottung  
Scott, Bonnie, Nicholas &  
Zachary Graham  
"Grandma"  
Betty Green  
Elizabeth Gugenberger  
Robert & Lorraine Hale  
Linda Hallenbeck  
Marie & Frank Hallenbeck  
Patricia Halley  
Dave & Joye Haskins  
Dona & John Haydon  
Suzanne Herrick  
Roy Hoffman  
Angeline Hoggins  
Louise & Michael Hornung  
Dr. Lawrence & Cheryl Horowitz  
Joel & Jane Huntzinger  
Bonnie James-Cooper  
Thomas Jennings  
Kenneth Johnson  
Robert & Karyl Johnson  
Richard & Margaret Johnston  
Bernice Jones  
Marjorie Jones  
Marilyn & David Kaulfuss  
Anne Krauth  
Olga Kehoe  
Anita Knapp  
Nancy & Dan Krawszeski  
Ann Kumpan  
Robert & Marilyn Lamphere

Sally Landrio  
Joanne LaVallee  
Letter Memorial, Inc.  
Matilda Lock  
Margaret Luck  
Bob Mabie  
Diane & Carol MacGregor  
Carol Maider  
Julia Martin  
Deborah Mazzone  
Cheryl McGrattan  
Wayne & Susan McNeil  
Gladys Meola  
Frances Mezza  
R. Curtis Mills, MD  
Allen Minckler  
Anita Moore  
Nancy & Simeon Morey  
Mary Morgan  
Robert & Gail Mosconi  
Beth Mowrey  
James & Mary Mraz  
Jennie Mrha  
Mt. Carmel Veterans Inc.  
Lisa & Bob Mulhall  
Bertha Myers  
Karuna Narala, MD  
Grace Naselli  
Shirley Nellis  
Gayle Newland  
NLH Nurses Alumnae Assoc.  
Sharon Norman  
Toby Ortell  
Marie Otto  
Marguerite Pangallozzi  
Priscilla Parkhurst Ferguson  
Sandra & William Peters  
NLH & NH Pharmacy Dept.  
John & Elaine Pickard  
Mary Rose Polenski  
Claytha Ricco  
Briana Ropeter  
JJ & JA Rossi  
Dawn & Carm Serge  
Karen Smith  
Marina Smith  
John & Cynthia Snyder  
Stephen & Rose Spurza  
Dorothy Stoeff  
Kim, Devynn, Jon & Bradley Stofa  
Cheryl & Joseph Stofa  
Katie Sullivan  
Diane & Peter Swartz  
Janice & Charles Swatling

Anthony Tascillo  
Debra Taylor & Joanna Valik-Arnold  
Joan Toutell  
Pamela Towne  
Karen Travins  
Barbara & Richard Tucci  
Mary Vandenabeele  
Doug & Sally VanNostrand  
Philippe Vuylsteke, MD  
Eileen Wadsworth  
Patricia Wallken  
Carol Warner  
Noreen Weil  
Sue and Jerry Wemple  
Mr. & Mrs. Don Wentworth  
Marie and William Wilson  
Janice & Philip Winney  
Eileen Wrightsman  
Cecile Zajackowski  
Gretchen Zeitler  
Ronald Zimmerman

### Buy a Brick Contributors (2009 gifts)

Mr. & Mrs. Louis Blanchard  
Doctor & Mrs. Robert Brandis  
Tim, Todd & Kathy Byrns  
Deborah A. Davis  
Patricia Dennie  
Charlie & Pam Eschler  
First Niagara Bank  
John & Deanne Fox  
Gloversville Teachers Assoc.  
Matthew Goodemote  
Mr. & Mrs. William Gritsavage  
Johnstown Peking  
Chinese Restaurant  
Laurence Kelly  
Karen & Paul Kidder  
Mike Kinowski  
Joseph & Sheila Lander  
Landrio Family  
Michael & Anne LaVallee  
NAMI of Montgomery/Fulton/  
Hamilton Counties  
Gary & Debbie O'Rourke  
Dustin Swanger  
Pat Travis-Doull  
Dr. & Mrs. Philippe Vuylsteke  
Thomas & Denise Walsh  
Bruce B. Whitcavitch, Jr.  
Shelley Yerdon  
Dr. Alexander & Mrs. Delores Yvars

### (2010 gifts)

Catholic War Vets  
Joan L. Genovese  
Nellie Georgelos  
Mary Hope Giardino  
Landrio Family  
Robert and Carol Maider  
Susan and Richard Maider  
Anita Moore  
Gayle W. Newland  
Patti's Greenhouses  
Angie Perrone  
John and Elaine Pickard  
Marina P. Smith  
Barbara Tucci  
Marcia Weiss  
Jeanne Wilkinson  
William H. St. Thomas  
Family Foundation  
Ellen Wood



### 2010 Leader Herald Patient Subscription

#### Donors

Antonucci's Wholesale Produce  
& Seafood  
Community Physical Therapy  
& Wellness Center  
Fulton County Federal Credit Union  
Glove Cities Rotary Club, Inc.  
Johnstown Family Moose Center  
Kingsboro Lumber Company  
*The Leader-Herald*  
Livingston's Furniture  
Noble Ace Hardware  
Palmer Pharmacy

#### Gifts in Kind

Anonymous—  
Hand knitted lap blankets for  
Nursing Home residents  
Anonymous—  
Magazines, books, puzzles  
Jim Berecka—  
Crayons, children's toys  
Ilene Greco— Books  
Lucille Groff— Teddy bears  
JoAnn LaValle— Books, magazines  
Mary Mora—  
Fully decorated Christmas tree  
Linda Pomeroy— Books  
Robin Street— Books  
Traci/Pathfinders from Lexington—  
Children's books



When temperatures dipped, Dr. Todd Duthaler spoke to YNN about avoiding frostbite.



Dr. Mike McBiles on WAMC, with a 7 state listening audience, answers radiology questions.

## Bright like a gem.

The word is getting out about the LITTAUER medical team. Our staff has been seen, heard and quoted in the news countless times, as more and more sources seek them out for their expertise.



*"We have been very grateful to the talented doctors from Nathan Littauer for sharing their extensive knowledge with the vast WAMC audience. The feedback has been terrific."*

**Dr. Alan Chartock**  
President & CEO of WAMC  
Northeast Public Radio,  
Professor Emeritus at the  
University at Albany

*"I find the folks at Nathan Littauer Hospital easy to work with when we're developing stories—and they always have great folks for us to interview."*

**Benita Zahn**  
Anchor & Health Care Reporter  
WNYT, News Channel 13



Benita Zahn covers a new sinuplasty procedure at Nathan Littauer Hospital. The story was aired nationally.





Dr. Richard O'Brien talks about heat-related illness during the 2010 heat wave.



Occupational Therapist Kirsten Lennon (L) and Pediatrician Dr. Shannon Colt (R) talk to The Leader-Herald about overuse injuries in children using electronic equipment.



Nutritionist Sandra Baldwin talks to Tom Mailey about smart snacking at Stewarts Shops, captured on YouTube.

Don't be surprised to hear that Nathan Littauer has one of the largest hospital social networking systems in the region. "We wanted people to know that we embrace new technology in a myriad of forms, be it in social media or in medicine," stated Laurence E. Kelly.

In 2010 Nathan Littauer built a comprehensive social media system including Facebook, Twitter, YouTube and a blog. We now have 38 health-related videos on YouTube. We have a lot of information and good news to share.

Follow us,  
learn from us and  
share with us!



[www.nlh.org](http://www.nlh.org)

## We can see right through you.

If you scan the web you will see thousands of admissions: "I'm having my first MRI tomorrow I'M SCARED!" and "I am afraid of that dye for the CT scan." or "Am I the only one who is scared to have an MRI?" or "I am having my first mammogram tomorrow and I'm really scared. I've heard some women say it's painful."

The answer? We developed a new microsite aimed at subsiding fear while touting our diagnostic capabilities at:  
[www.radiologyrevolution.com](http://www.radiologyrevolution.com)

We have made significant investments in our diagnostic capabilities, spending over \$3.5 million since 2008. We have big city technology right here in Fulton County.

Unfortunately, all the investment in the world does not do any good if someone is too afraid to go. We want to fix that. If you would like to see an exam, log onto [www.radiologyrevolution.com](http://www.radiologyrevolution.com). Others have. To date our videos have been downloaded 8,230 times. We are thrilled the world is using this tool.

See an exam.  
"Meet" our team.  
Do some research.  
Ask a question.



Visit [www.radiologyrevolution.com](http://www.radiologyrevolution.com) today!

A gem  
because  
we are safe.

Nathan Littauer Hospital was notified of the results of an unannounced, on-site, full survey conducted by The Joint Commission in February, 2010. The survey led to a three-year continuation of Littauer's full accreditation with the nation's predominant accrediting body in health care.



**Wally Hart**

President/CEO  
Fulton County Regional Chamber of Commerce & Industry

*"This important accreditation speaks to the level of care that Littauer provides. Our community continues to be proud of its hospital and what its staff has accomplished. This announcement proves what we already know—Nathan Littauer Hospital provides the highest levels of quality, patient care."*



HANYS' (Healthcare Association of New York State) 2010 Profiles in Quality Improvement and Patient Safety Report recognized the following Nathan Littauer programs for excellence in patient care:

- Reducing Patient Ventilator Days and Ventilator-Associated Pneumonia
- Formal Nurse Preceptor Education Program
- Restraint Use Reduction



Candace Underwood receives the award from Mr. Kelly.

## Candace Underwood, Employee of the Year, is another one of our gems.

Our 2010 Employee of the Year is Candace Underwood. Candace is a Physical Therapy Assistant working at Nathan Littauer's Sports Medicine & Rehabilitation Department. She has been employed at Littauer for over 22 years. With a passion for sports, Candace explained, "I want my patients to enjoy a healthy lifestyle, which is why I am compelled to get my patients back to enjoying life."



*The Honorable Polly Hoyer presents the Gregory T. Hoyer Award to Barbara DeLuca in November, 2010.*



*Pets are frequent visitors to Nathan Littauer Nursing Home. Rachel Killips (L) and dog "Rudy" brighten a resident's day.*

## Shining beyond Littauer.

Congratulations to Barbara DeLuca for winning the prestigious *Gregory Hoyer Award* from Mountain Valley Hospice. Recognized in both the Littauer family and the community for her caring, thoughtful and often innovative approach to improving patient care, this award cannot be underestimated.

Barbara is a Registered Respiratory Therapist and Littauer's Respiratory Care Supervisor.

## Our Nursing Home is another jewel in our crown.

Providing compassionate care to our residents is our mission. Recently, a state-of-the-art meals system was installed in our Nursing Home which allows our "family" to enjoy more choices in a more comfortable setting. Also, the Nursing Home was proud to announce some of the lowest pressure ulcer rates in the state. The 99% occupancy rate in the Littauer Nursing Home is proof of our high standing in the community.

*"All do a great job and do their jobs so well. Thank you so much!"*

**Dean**  
Family Member



*"I think all the Therapists do a good job, in fact an excellent job. They do so much and they have a wonderful disposition. I believe the RN's and LPN's do an excellent job."*

**Christina**  
Resident

HealthLink leads a snowshoe hike in the Adirondacks and a climb up Kane Mountain to the fire tower.

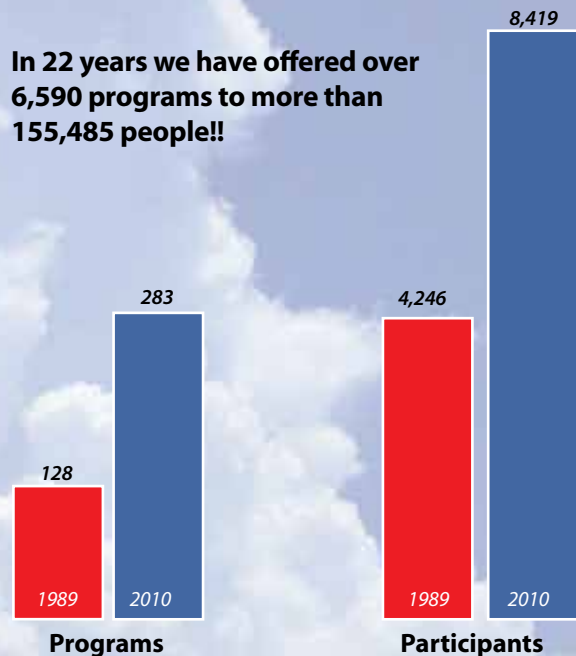


Sue Cridland, RN, BSN, Director of HealthLink (left) and Linda Hidde (right), a smoking cessation counselor, lead an award-winning smoking cessation program.

## HealthLink shines.

HealthLink is Littauer's mission realized: bringing preventative healthcare to our community. Our low-cost or free services to people are not only improving the lives of our neighbors, we are making our community a better place to live. It is a legacy we are proud of.

**In 22 years we have offered over 6,590 programs to more than 155,485 people!!**



**Programs offered and number of participants more than doubled since HealthLink was chartered in 1989.**

## Caring for kids.

In 2010 Littauer took caring for kids to a new level. There is a growing epidemic of preventable youth sports injuries that are dismantling kids' athletic hopes and dreams at an early age.

In July 2010 we were one of the first hospitals to join a nationwide movement to address this critical issue. As a participating medical institution in the *STOP Sports Injuries* campaign, we work to help prevent athletic overuse and trauma injuries in kids. In a ground-breaking campaign, we teamed up with the Broadalbin-Perth School District, Dr. Gerald Ortiz, Dr. Todd Duthaler and Dr. Richard Solby to deliver a standing-room only clinic to the community. Today we continue to address the issue with training and media appearances.

*"Nathan Littauer is a shining example of what an organization can do to get the word out about preventing youth sports injuries. Their community is lucky to have such a strong advocate for children."*

### Michael Constant

Executive Director STOP Sports Injury,  
Chicago, IL



David Chang, MSPT, is a Littauer resource at the Fulton County YMCA.



Our Sports Medicine and Rehabilitation Team took on children's sports injuries.



Dr. Klausner speaks at a press conference while Broadalbin-Perth Superintendent Stephen Tomlinson and Athletic Director Adam Barnhart look on.



*Nathan Littauer regularly participates in internal and external disaster readiness drills.*

## More facets . . .

### *Also in 2010:*

- We expanded our care network by hiring six more providers.
- We saw over 22,000 patients at our Perth facility. To meet the explosion of growth we completed an addition and expanded parking.
- We donated equipment and employees started a collection after Haiti's devastating earthquake.
- We promoted tissue and organ transplant.
- We enhanced our pediatric unit.
- We were cited as one of "the most progressive facilities" in energy conservation.
- We completely changed and improved meal service to Nursing Home residents.
- We implemented a new Epidural Steroid Injection (pain management) service.
- A WRGB segment about our Camp SuperStarrs was one of five nominated nationally for an Emmy.
- The Foundation's EVENT raised \$100,000 for the hospital, landing on the *Capital District Business Review's* Book of Lists, as one of the most successful one-day fundraisers in the region.
- Our Respiratory Therapy department taught the world how to "take your lungs on vacation".
- Our Nursing Home received high marks for Pressure Ulcer Prevention.



*Camp SuperStarrs celebrated 30 years of summer camp for children with health disorders.*



*Mammogram screenings became available at the Perth Primary / Specialty Care Center.*



*Katie Romano of Johnstown donated 37 books to Littauer.*



## Strong like a gem.

*Nathan Littauer finished 2010 in "the black" marking the 9th straight year of financial good health while never turning our back on a patient in need.*

Total Revenue	\$ 89,581,000
Total Expenses	\$ 87,035,000

### **Charity and Uncompensated Care Totaling \$6,381,045**

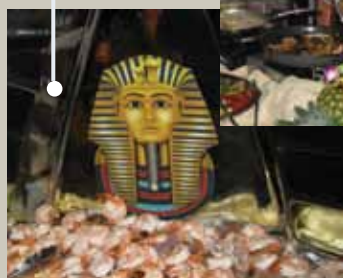
Uncompensated Charity Care	\$ 824,000
Losses in providing services for:	
Medicaid	\$ 2,369,485
Medicare	\$ 3,187,560



Dr. Todd Duthaler and WTEN-TV news anchor Lydia Kulbida helped with donations bound for Haiti.



2010's Journey Along the Nile — a great fundraiser for a great cause!



## Nathan Littauer strengthens the infrastructures of local communities

### *Our communities rely on us to:*

- provide high-quality health care;
- bring life into the world;
- care for the aged;
- ensure public safety when an emergency or disaster strikes;
- educate people about the impact of lifestyles on their health and well-being;
- provide comfort at the end of life.

## Nathan Littauer is an economic anchor in our community

In addition to enhancing the health and well-being of the communities we serve, Littauer contributes significantly to the area's economic health. In 2009, we had an estimated total annual economic impact of \$143,696,000.

## Nathan Littauer is a major employer

- We employ 960 people, with a total 2009 payroll of \$51,438,000. Payroll expenditures serve as an important economic stimulus, creating and supporting jobs throughout the local and state economies.
- Our employees use their wages to purchase goods and services, which creates income and jobs for other businesses.

## Nathan Littauer's purchasing

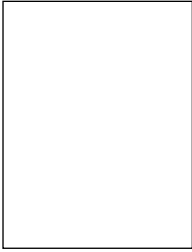
- We spend about \$22,047,000 per year on the goods and services we need to provide health care—for example, medical supplies, electricity for buildings, and food for patients. Funds spent to buy goods and services flow from Littauer to vendors and businesses and then ripple throughout the economy.

## Nathan Littauer's capital spending

- In 2009, Nathan Littauer Hospital spent \$2,969,000 on buildings and equipment.
- Capital spending by Nathan Littauer generates approximately \$5,580,000 for the local economy per year.

## The impact of Nathan Littauer on state and local tax collections

- The employees of Nathan Littauer and the jobs supported indirectly by the facility paid \$3,301,000 in state and local income taxes in 2009.



*Your health ... well planned.*

**NATHAN LITTAUER HOSPITAL & NURSING HOME**

99 East State Street, Gloversville, NY 12078

518-725-8621

[www.nlh.org](http://www.nlh.org)

