



# WINTER RECREATION RESOURCES 2015



## Walking

**Broadalbin-Perth School (The Learning Community):** 100 Bridge St., Monday-Friday, 3-9 p.m.  
**Fonda-Fultonville High School:** Monday-Friday, 6:30-7 a.m. and 6-9 p.m. from Dec. 8th – May 15<sup>th</sup>  
**Gloversville High School:** Monday-Thursday, 5:30-8 p.m.  
**Mayfield Elementary School:** Monday-Friday, 5-8 p.m.  
**Warren Street Elementary School:** Monday-Thursday, 6-8 p.m.  
**Johnstown Mall:** 248 North Comrie Ave., Johnstown

## Swimming\*

**Fonda-Fultonville High School:** Sundays 1-3 p.m. and Thursdays 7-9 p.m. until May 17<sup>th</sup>  
**Johnstown High School:** Tuesdays 6-8 p.m. and Saturdays 9-11 a.m. until March 31<sup>st</sup> when schedule changes. Visit the school's athletics website and check under aquatics for the Spring schedule.

\*School based community programs are only available when school is in session. If your school is not listed, call and ask if they will be offering a program this year. Some schools have a fitness center and allow local residents to use their equipment. Check with your school to see if that is an option!

## Youth Commissions & Volunteer Opportunities

***Check with your local city, town, or county for youth commission contact information.***

**Broadalbin-Perth:** [www.byckids.com](http://www.byckids.com)

**Gloversville:** [www.cityofgloversville.com](http://www.cityofgloversville.com) (click on Departments, then Recreation)

*Check with your local city or town for volunteer opportunities. Here are some suggestions:*  
*Nathan Littauer Hospital \* The Fulton County Museum \* Local Libraries \* Gloversville Recreation*  
*Department \* Ice Skating Rink \* Area Soup Kitchens \* Senior Centers \* 4H \* Girl Scouts \**  
*Glove Theater and Colonial Little Theater \* Local Art Programs \**

## Bowling & Roller Skating

**Arterial Lanes:** 140 North Pine Street, Gloversville ~ 725-0512

**Starlite Bowling:** 9 Montgomery Street, Gloversville ~ 773-2695

**Perry Lanes:** 1 Maple Ave., Johnstown ~ 762-8618

**High Rollers Family Fun Center:** 4314 State Highway 30, Amsterdam ~ 843-0783

## Fitness & Dance Studios

Check your local yellow pages and with your health insurance company.  
Some companies will cover all or part of your gym membership costs, or other fitness programs.

...Continued ➔

## **Walk Outdoors**

***Daylight hours, seasonal, conditions vary, snowshoes may be required, check local signage.***

**FJ&G Rail Trail:** Multiple access points from Johnstown, Gloversville, and Broadalbin.

**Littauer's Walking Track:** 99 East State Street, Gloversville

**Knox Bridal Path:** Knox Field, Johnstown

## **Down Hill Skiing & Snowboarding**

**Royal Mountain:** Caroga Lake ~ 835-6445

## **Cross Country Skiing & Other Outdoor Recreation**

**Lapland Lake:** Benson/Northville ~ 863-4974 *Snowman building, snowshoeing, cross country skiing, tubing, ice skating, kids ski club, Reindeer Rally, Women's Day, and more!*

**Nick Stoner Golf Course:** Caroga Lake ~ 835-4220 *Cross country skiing and sledding*

**Rockwood State Forest:** State Highway 29, Rockwood *Cross country skiing and snow shoeing*

**Pine Lake & Indian Lake Cross Country Ski Trails:** Green Lake Road, Caroga Lake

## **Hiking\***

***Seasonal conditions vary, snowshoes may be required, experience recommended.***

**Fort Hunter:** Fort Hunter/Yankee Hill Nature Trail

**Caroga Lake:** Irving Pond, Kane Mountain, Nine Corner Lake

**Arietta/Piseco:** Broomstick Lake, Jockeybush Lake, Ferris Lake Wild Forest

**Johnstown:** Willie Wildlife Marsh (rehab work pending)

\*These are just a few examples of local hiking trails. For more information on hiking trails and hiking groups, check out these websites:

[www.nlh.org/classes-events](http://www.nlh.org/classes-events)

[www.cnyhinking.com](http://www.cnyhinking.com)

[www.adirondack.net](http://www.adirondack.net)

[www.dec.ny.gov/62.html](http://www.dec.ny.gov/62.html)

[www.visitsacandaga.com/hiking.htm](http://www.visitsacandaga.com/hiking.htm)

[www.visitadirondacks.com/recreation/hiking](http://www.visitadirondacks.com/recreation/hiking)

[www.44lakes.com](http://www.44lakes.com)

[www.adk.org](http://www.adk.org)

[www.adktrailmap.com](http://www.adktrailmap.com)

## **Sledding & Ice Skating**

***Dependent upon conditions. Also, check with your local golf course, town or city clerk.***

**Broadalbin-Perth High School (Sledding):** 100 Bridge Street  
(on the hill in front of the school)

**Littauer Field (Ice Skating):** Union Street, Gloversville  
Weekends & school holidays 9 a.m.-8 p.m. and Monday-Friday, 4-8 p.m.  
(contact Jeff Ashe 725-7413)

## **Some Winter Safety Tips!!**

***Make sure you stay warm and safe when you go outside this winter!***

- Dress in layers and avoid wearing clothing made of cotton.
- Wear a hat, boots, gloves, scarf, and warm jacket.
- Go inside periodically to warm up.
- Only ice skate on approved lakes or ponds. Check with local rec departments or local police departments to verify.
- Never participate in winter rec activities alone.
- Wear a helmet while sledding or downhill skiing.
- Always wear sunscreen, even in the winter.



**For more winter recreation safety tips, visit the American Academy of Pediatrics at [www.aap.org](http://www.aap.org).**

*This information represents some of the many options available locally to help the community stay active in the winter. Inclusion on this list does not imply endorsement.*