

Fun, food, and dancing all for a great cause. **OUR NEW GASTROENTEROLOGY SPECIALTY CARE CENTER**

THE ECCENTRIC

109 North Main Street, Gloversville, N

with DJ Phil Skyler

Contact Kelly Colby at 773-5505 or kcolby@nlh.org

Please RSVP by May 13, 2015

for more information or to make your reserva

MAY 29, 2015 AT 7:00PM

Rush Tickets (age 40 & under) \$75 per person/\$125 couple

> **Initiation Tickets** \$125 per person

Legacy Tickets \$250 per person

Checks can be made to Nathan Littauer Foundation -PAYROLL DEDUCTION AVAILABLE-



12 NATHAN LITTAUER

Hospital & Nursing Home

Stephanie Fishel, RN, NE-BC, BS BA Vice President of Patient Care and Chief Nursing Officer

LITTAUER In the news A trusted news source



Nathan Littauer Hospital and Nursing Home 99 East State Street . Gloversville, NY 12078 (518) 725-8621 www.nlh.com



Share a minute with **STEPHANIE FISHEL**

Our Vice President of Patient Care and Chief Nursing Officer

Meet 4th quarter Goodwill Employee **Darlene Demarest**

GE Optima MR450w with GEM Suite



WOW! Technology meets comfort at Littauer

Littauer has completed construction of our new MRI suite and we have started scanning patients using our new GE Optima MR450w with GEM.

This technology offers:

- A wide-bore architecture to add space around patients
- Clinical applications designed to reduce exam time
- A table surface designed to alleviate pressure points
- A coil array that enables feet-first imaging

Tell your patients. Call Diagnostic Imaging for more details.



Nursing Home News

Please Welcome Therese Mercier Nursing Home Greeter & Directory Assistant



Therese is now a volunteer working with the Auxiliary. Daily, she greets and assists visitors in the Nursing Home. You will know Therese by her NLH badge and green vest.

Thank you Therese!

January Resident of the Month **Donald Wilson**



Dinner with family and NLH Executive Chef Scott Norris

January 27, 2015

Littauer's Red Hot Chili Preppers

NLH Courtesy Council Chili Cook-off Results

1st Place – Mr. Laurence Kelly; 2nd Place – Diane Graudon & Sue McNeil; 3rd Place – Moshgan Jones



Judges: Yvonne Hart, left, Dwayne Eberle, Derrick Douglas, Stephanie Fishel, Matt Romell, and Tim Forte



Participants: Mr. Kelly, Moshgan Jones, Diane Graudon, Deb Whitbeck, Stacey White, Sue McNeil, Becky Lyons, Maggie Luck, Sree Sunkara

Still "WOW-ing" the staff *WOW Tickets continue to recognize the efforts of NLH employees*

December:

Ann Mc Dermott, Annette Looman, Bonnie Atty, Bonnie Burroughs, Brigid Dugan, Brittany Stewart, Carl Tubbs, Carmi DiGiacomo, Carol Silveria, Cassandra Tooley, Cheryl Bloom, Christine Bornt, Cindy Dunham, Cindy Newton, Darlene Demarest, Debra Lawrence, Don Bennett, Donita Crankshaw, Dorothy Esposito, Dr. Werblin, Emilio Antipuesto, Jean Costanzo, Jennifer Lachmayer, Jessica Brothers, Jill Bulger, Jody Palmer, Karen Martin, Kari Roblee, Kathie Rohrs, Kathy Bruse, Kathy Posillico, Kayla Bates, Kelly Perham, Komal Sharma, Kristie Ruggerio, Lisa Flanders, Lucy Davis, Lynn Hime, Madeline Ward, Maria Foutch, Maria Lake, Mary Ann Bausewein, Michelle Wilson, Pam Dutcher, Rachel Posillico, Rainer Feyer, PA; Rhonda Snell, Rodney Schuyler, Ronda Jones, Rosie Manchester, Sandy Ostrander, Scott Hojohn, Shannon Smith, Sue Fazio, Sue Stellingwerf, Tammy Gerdes, Taylor Miskinis, Terri Davison, Tina Ryan, Tom Toohey

January:

Alisha Young, Amy Ellsworth, April Hart, Bob Flower, Bob Michalski, Bobbie Dodson, Brad Stewart, Brenda Hammons, Brian Rubscha, Brittany Adams, Brooke Danylak, Carrie Moxham, Cindy Dunham, Cindy Jablonski, Cindy Sedaker, Colleen Maas, Dave Salie, Deb Perham, Debbie Oare, Derrek Douglas, Diane Swartz, Dr. Mastrangelo, Eileen Spannbauer, Erin Schreckenberger, Faith Schmitt, George Jones, Gloria Kline, Carla Kolbe, Heather Byrne, Hillary Anderson, Jake Duesler, James VanValkenburg, JayeKaye VanValkenburgh, Jeannine Spraker, Jessica Gifford, Jessica Sweet, Jody Palmer, Joe Slovack, Josh Guisti, Joye Haskins, Kara Hillier, Kari Roblee, Kathie Rohrs,

Kathleen Deamer, Kathy Agnew, Katie Soltner, Katie Sullivan, Kevin Hiscock, RRA; Kevin Lincoln, Kim Cowles, Kim Fitzpatrick, Kim LaPorte, Kris Allen, Laurie Mickel, Lois Mathias, Lori Hauser, Lori Talcott, Lynn Hime, Lynn Messenger, Marcy Yager, Marie Lauria, Martie Klaus, Marty Waite, Mary Jock, Mary Pettit, Mary VanDenabeele, Matt Rommell, Meegan Goodman, Megan Loux, Melissa Lefflear, Melissa Putman, Moshgan Jones, Nancy Krawczeski, Nancy Rodenmacher, Nancy Travis, Nora Albertin, Norma Cozzolino, Pam VanAlstyne, Peg Semione, Phil Danylak, Raguel Ryan, Robin Salvatore, Rodney Schuyler, Ronda Warner, Rosie Manchester, Rosina Belknap, Sandy

LaFountain, Sari Stewart, Shari Martagon, Stan Gustowt, Stephanie Boyd, Sue Ford, Sunshine Edgar, Tammy Pelosi, Tara Keane, Thresa Araiza, Tina Ambrosino, Tina Ryan, Vanessa Lopez, Vassandra Murray, Virginia Fahey, Wendy Kwiatkowski, Yvonne Atkinson

February:

Adrianna DeMarco, Alice Nourse, Andrea Patterson, Ann Brown, Antony Denino, Becky Horan, Becky Lyons, Bonnie Wollard, Carla Darrow, FNP; Carla Kolbe, Chad Ostrander, Charmaine Miskinis, Amy Mogensen, Christine Akowicz, Christine Bornt, Christine Holz, Cindy Chase, Cindy Dunham, Crystal Baker, PA; Danita Curtis, FNP; Darcie Knap, David Lee, Deb Henry, Deb Perham, Deb Roice, Donald Bennett, Donita Crankshaw, Donna Lewis, Dr. Brandis, Dr. Carstens, Dr. Colt, Dr. Dowling, Dr. Farwa, Dr. Filippone, Brianna Frisch, Dr. Fotidar, Dr. Hanafi, Dr. Harbeck, Dr. Horowitz, Dr. Husson, Dr. Kesari, Dr. Klausner, Dr. Kumar, Dr. Lataillade, Dr. Lynch, Dr. Mycek, Dr. Narala, Dr. Nguyen, Dr. O'Brien, Dr. Perreault, Dr. Pesses, Dr. Schwartzman, Dr. Shnaidman, Dr. Solby, Dr. Sunkara, Dr. Togbe, Dr. Vacek, Dr. Zoltay, Ed Popp, Elke Wilhelm, Gerry Quackenbush, Gina Sowle, James Hopper, PA; Jamie Hickey, Jane Bowler, NP; Janis Freeman,

Dr. Zoltay, Ed Popp, Elke Wilhelm, Gerry Quackenbush, Gina Sowle, James Hopper, PA; Jamie Hickey, Jane Bowler, NP; Janis Freeman, FNP; Jean Costanzo; Jeannine Spraker, Jendra Gray, Jenna Coolman, Jennifer Davis, PA; Jill Bulger, Joan Walters, Joe Ricco, Julie Tesi, CNM; Karen West, WHNP; Katelyn Holmes, Kathy Szala, Kayla Ellis, Kelly Cooper, Kelly Priddle, CNM; Kelly Viscosi, PA; Kelsey Reynolds, Kim Cowles, Kim Hohenforst, Komal Sharma, Laurie Mickel, Lisa Flanders, Lisa Gifford, Lisa Hammond, Maggie Luck, Marie Lauria, Martiand Marty Woitia, Many Jaharan, Mayrean Mashar, Mayrean Wajirik, Maggan Coodman, Maggie Luck, Marie Lauria, ANP: Cool and Marty Woitia, Many Jaharan, Mayrean Mashar, Mayrean Wajirik, Maggan Coodman, Maggie Luck, Marie Lauria, ANP: Cool and Marty Woitia, Many Jaharan, Mayrean Mayrean Mayrean Wajirik, Maggan Coodman, Maggie Luck, Marie Lauria, ANP: Cool and Marty Woitia, Mary Jaharan, Mayrean Mayrean Mayrean Markean Coodman, Marty Morty Morty, Markean Jane, Markean Markean, Markean, Markean Markean, Markean Markean, Markean,

na LaBlond, Marty Waitje, Mary Johnson, Maureen Mosher, Maureen Wojcik, Meegan Goodman, Megan Lauria, Melissa Bown, ANP; Michelle Beckley, Nick Whitman, Phil Danylak, Rainer, Feyer, PA; Renee Norris, Rhonda Snell, Robin Adams, NP, Ronda Warner, Rosina Belknap, Sara Schrum, Sarah Hand, PA; Scott Norris, Stacey Solby, PA; Kathie Rohrs, Stephanie Ferguson, Sue Maloney, Terese Pollard, Tim Forte. Tom Sgambato. Trina Fountain

PLEASE NOTE - Most recent list at time of publication.



A minute with **Stephanie Fishel**

- ◊ A mother of three
- ♦ An artist; loves to paint
- ◊ A runner; enjoys 5Ks
- In her fridge you will find: cooked pasta, shaved parmesan, left-over potato products like tater-tots, or ginger and wasabi
- Every Wednesday night is pizza night

It's O "Fishel" STEPHANIE FISHEL

Littauer's Vice President of Patient Care and Chief Nursing Officer

Littauer is proud to welcome Stephanie Fishel, RN, NE-BC, BS BA, as the Vice President of Patient Care and Chief Nursing Officer, a position recently vacated by the retired Ginger Mulligan. Stephanie comes to Littauer from St. Peter's Hospital in Albany where she had worked as their operations manager for over five years. A registered nurse for 15 years, Stephanie has an additional degree in health promotion/disease prevention and has her nurse executive certification.

"It is an honor to follow Regina Mulligan, a respected nurse, manager and a valued Littauer employee for 43 years," said Stephanie.

"I am thrilled to welcome Stephanie to our Littauer family. Her integrity as a nurse and professionalism parallel Littauer's values of superior patient care and satisfaction," said Laurence Kelly.

"Quality patient care, and supporting the health care providers who are committed to delivering superior care is my passion," said Stephanie.

Stephanie attended Temple University and completed her education at University of Connecticut. For four years she lived in Moscow, Idaho working at Gritman Medical Center. While at Gritman Medical, a critical access hospital in a rural area, she became a jack-of-all-trades.

"I learned from nurse mentors in rural Idaho, from ICU to home care," said Stephanie. "I left there a better nurse."

Stephanie returned to the east coast and while working in Albany she developed a passion for operational management and process improvement.

"How do we create a culture of safety? With a professional, selfdriven team who embraces creativity and understands that patient safety is a journey," said Stephanie.

After working in both small community hospital settings and large metropolitan hospitals, Stephanie is happy to be at Littauer. "I feel at home here, and I knew immediately Littauer was the right fit for me."

Stephanie's mantra is: "Treat others the way you would like to be treated yourself." You can plan on seeing more smiles with Stephanie Fishel leading the way.

LITTAUER IN THE NEWS



Littauer's Chief of Staff Dr. Najmus Sagib and Liz Bishop of **CBS6** News Albany lend some clarity to the thermography debate The segment aired January 29, 2015

Go to www.nlh.org to see this segment

Littauer Chief of Staff, Dr. Najmus Sagib, and CBS6 News Anchor Liz Bishop at Nathan Littauer Hospital

A visit from **Congresswoman Elise Stefanik** United States Representative, 21st District



Ms. Stefanik met with hospital leadership and toured the main campus in Gloversville. A special thank you to Susan McNeil, DVS for her role in bringing Ms. Stefanik here.



"I recently had the pleasure of touring and meeting with officials at the **Nathan Littauer** Hospital. This hospital is doing important work to deliver high quality healthcare to North Country families, and I was very impressed with their facility and staff. In Congress, I look forward to working to advance solutions to increase access to high quality, affordable healthcare, and I was grateful to have the opportunity to discuss challenges to our healthcare system with officials at Nathan Littauer."

- Elise Stefanik. United States Representative, 21st District

2014 FOURTH QUARTER GOODWILL EMPLOYEE DARLENE DEMAREST

MEDICAL RECEPTIONIST, MAYFIELD PCC

Nathan Littauer Hospital & Nursing Home announced the 2014 Fourth Quarter Goodwill Employee of the year. Darlene Demarest, a Medical Receptionist from Littauer's Mayfield Primary and Specialty Care Center was the recipient.

"It takes all 1000 employees to make Littauer what we are," said Mr. Kelly. "Darlene exemplifies Littauer's values and is the perfect fit for this honor."

Demarest is a 40-year Littauer employee, and is known for her positive attitude. "I love my job, I love my co-workers and I especially love my patients," said Demarest.

Mr. Kelly read stories submitted by her co-workers applauding Demarest's work ethic, kindness, compassion, and warm smile. In particular, she is instantly able to set patients at ease. "She goes above and beyond for her patients and co-workers daily and has done so for decades." said a co-worker.

Recipients for the award are nominated by NLH employees, providers or patients and submitted to the Goodwill Committee. In a blind format they are selected.

Demarest received a plaque and a check along with her special honor.

CONGRATULATIONS DARLENE!!

Littauer Pediatrician Dr. Maruthi Sunkara,

along with patients Adrian and Casandra Paun were interviewed by WNYT News Channel 13 anchor & health reporter Benita Zahn at Nathan Littauer Hospital about peanut allergies.

Go to www.nlh.org to see this segment.







Littauer President and CEO Laurence Kelly with 2014 fourth guarter Goodwill Employee Darlene Demarest





February 25, 2015