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<p><b>OLDER AMERICANS MONTH</b></p>  <p>AGING UNBOUND: MAY 2023</p>	<p>1</p> <p>10:30 Open Recreation in West Dining Room</p> <p>2:00 May Day Gifts</p> <p>May Day</p>	<p>2</p> <p>10:00 Massage Therapy</p> <p>11:00 Rusty Visits </p> <p>2:00 BINGO</p> <p>3:00 Spring Craft</p>	<p>3</p> <p>10:00 Massage Therapy</p> <p>10:30 Catholic Mass with Father Matt </p> <p>2:00 Mind, Body, Spirit</p>	<p>4</p> <p>10:00 Flowers A-Z</p> <p>Word Game </p> <p>2:00 BINGO</p>	<p>5</p> <p>9:00- COFFEE &amp; NEWS</p> <p><b>10:30- RESIDENT COUNCIL</b></p> <p>10:00 Massage Therapy</p> <p>2:00 John Wayne DVD </p> <p>3:00 Happy Hour </p> <p>Cinco de Mayo</p>	<p>6</p> <p>11:00 Newspaper and Activity Cart </p> <p>1:30 Table Games</p>
<p>7</p> <p>11:00 Magazine Cart</p> <p>1:30 Patio or In-Room Visits </p>	<p>8</p> <p>10:30 Open Recreation in West Dining Room</p> <p>2:00 Frosting Spring Cookies </p>	<p>9</p> <p>10:00 Massage Therapy</p> <p>11:00 Rusty Visits </p> <p>2:00 BINGO</p> <p>3:00 In-Room Nail Painting</p>	<p>10</p> <p>10:00 Massage Therapy</p> <p>10:30 Rosary Group </p> <p>2:00 Tai Chi and Piano</p> <p>3:00 May Birthday Party </p>	<p>11</p> <p>10:30 Music with Gary VanSlyke</p> <p>2:00 BINGO </p>	<p>12</p> <p>10:00 Massage Therapy</p> <p>10:30 Bowling</p> <p>2:00 The Ody Show </p> <p>3:00 Happy Hour</p>	<p>13</p> <p>10:00 Newspaper and Coffee Social </p> <p>2:00 Saturday Matinee </p>
<p>14</p> <p>10:00 Mother's Day Tea and Social</p> <p>2:00 Snack Cart- Assorted Pies</p> <p>Mother's Day </p>	<p>15</p> <p>10:30 Open Recreation in West Dining Room</p> <p>2:00 Bird Feeder Making </p>	<p>16</p> <p>10:00 Massage Therapy</p> <p>11:00 Rusty Visits </p> <p>2:00 BINGO</p> <p>3:00 Patio Visits</p>	<p>17</p> <p>10:00 Massage Therapy</p> <p>10:30 Catholic Mass with Father Matt </p> <p>2:00 Tai Chi and Piano</p>	<p>18</p> <p>10:30 Protestant Service with Pastor Larson </p> <p>2:00 BINGO </p>	<p>19</p> <p>10:00 Massage Therapy</p> <p>10:30 Coffee and News</p> <p>2:00 Ultimate Rat Pack DVD </p> <p>3:00 Happy Hour </p>	<p>20</p> <p>11:00 Newspaper and Activity Cart</p> <p>1:30 Word Games </p>
<p>21</p> <p>11:00 Magazine Cart</p> <p>1:30 Patio or In-Room Visits </p>	<p>22</p> <p>10:30 Open Recreation in West Dining Room</p> <p>2:00 Music with Jeff Gonzales </p>	<p>23</p> <p>10:00 Massage Therapy</p> <p>11:00 Rusty Visits </p> <p>2:00 BINGO</p> <p>3:00 In-Room Nail Painting</p>	<p>24</p> <p>10:00 Massage Therapy</p> <p>10:30 Rosary Group </p> <p>2:00 Concert with Father Matt</p>	<p>25</p> <p>10:00 Name 10</p> <p>Word Game </p> <p>2:00 BINGO</p>	<p>26</p> <p>10:00 Massage Therapy</p> <p>10:30 Dusterball</p> <p>2:00 Barry Manilow DVD </p> <p>3:00 Happy Hour </p>	<p>27</p> <p>10:00 Newspaper and Coffee Social </p> <p>2:00 Saturday Matinee </p>
<p>28</p> <p>10:00 Reminisce Group</p> <p>2:00 Snack Cart- Brownies </p>	<p>29</p> <p>10:30 Open Recreation in West Dining Room</p> <p>2:00 Memorial Day Facts Discussion</p> <p>Memorial Day</p>	<p>30</p> <p>10:00 Massage Therapy</p> <p>11:00 Rusty Visits </p> <p>2:00 BINGO</p> <p>3:00 Word Games</p>	<p>31</p> <p>10:00 Massage Therapy</p> <p>10:30 Rosary Group </p> <p>2:00 Spirit Canyons DVD</p>	<p>ACTIVITY CART:</p> <ol style="list-style-type: none"> <li>Puzzles</li> <li>Solitaire, cards</li> <li>Listen to music</li> <li>Magazines</li> <li>Crosswords</li> <li>Word Search</li> </ol>	<p><b>We are all social distancing to stay safe!</b></p> <p>Assistance with Video Chats and phone calls always available.</p>	<p>Activities are subject to Change.</p> <p>Share Kindness Daily</p>