

NATHAN LITTAUER HOSPITAL AND NURSING HOME

2022

A YEAR OF RESILIENCE AND RECOVERY



SEAN FADALE, FACHE



" I AM SUPREMLY CONFIDENT IN OUR ORGANIZATION'S ABILITY TO MEET AND OVERCOME BARRIERS IN OUR PATH – AND WE DID JUST THAT IN 2022. NATHAN LITTAUER PERSEVERED, CONTINUED TO CARE FOR OUR PATIENTS, AND EVEN ADDED SERVICES FOR THE BENEFIT OF OUR COMMUNITY."

As I reflect on 2022, I realize it was yet another year of challenges for your local community hospital. In spite of the challenges of the past year, and the challenges that are yet to come in 2023, there have been numerous successes that are worth mentioning.

While it certainly has been a tough year, our staff at Nathan Littauer have been triumphant and resilient – all for the betterment of our community we serve. We continue to do it because we have the very best people in the business.

In 2022, Nathan Littauer Hospital and Nursing Home:

- Achieved a 75% response to an Employee Engagement Survey in an effort to maximize productivity within our departments and to better our patient care services
- Became an HP2030 Healthy People Champion, highlighting our commitment to positively impact our patients' health outcomes and contribute to the health education of our community
- Hosted an "End of Summer" picnic for our staff to celebrate their successes
- Launched our very own Emergency Nurse Residency Program, further increasing educational opportunities for our nursing staff
- Opened the entrance located near our Rehabilitative Medicine and Cardiopulmonary/Respiratory Therapy Departments for our patients' accessibility

I am honored to work alongside some of the greatest medical providers in the region and to work with such a great team of healthcare professionals. At Nathan Littauer, we promise to provide safe, high-quality health and wellness services and improve the health of our communities – **today and always.**

Fondly,

Sean Fadale, FACHE
President and CEO of Nathan Littauer Hospital and Nursing Home

A handwritten signature in black ink, appearing to read 'S. Fadale', written in a cursive style.

CARING FOR OUR PATIENTS

NATHAN LITTAUER STAFF ARE HERE FOR YOU.

Nathan Littauer has always been a pillar of support for the community, providing high-quality medical care with compassion to patients and their families. This would not be possible without our talented workforce. When the pandemic struck, their commitment and dedication went above and beyond. Even still, our staff face unprecedented challenges and risks, yet they continue to put the health and safety of their patients first.

Through it all, our staff never wavered in their mission to care for the community. They adapted quickly to changing circumstances and continue to innovate new ways to support patients in need. Our community has been overwhelmingly supportive of their commitments.

As the pandemic continues to challenge us all, our staff remain a beacon of hope and inspiration. They are a testament to the power of human resilience, compassion, and dedication. It is evident that our staff will be there for our patients time and time again.



NEW PROVIDERS

JOIN NATHAN LITTAUER

Nathan Littauer Hospital welcomed a host of new medical providers to our team in 2022. These professionals bring with them a wealth of knowledge and experience that will undoubtedly benefit our hospital and our patients. Their arrival bolsters Nathan Littauer's ability to provide the highest variety and quality of care possible.

Our newest providers are highly skilled and have impressive credentials. They practice a variety of medical specialties, including primary care, pediatrics, general surgery, and urgent care. Their expertise allows patients to access a comprehensive range of services within the Littauer system.

In addition to their clinical skills, our new providers are passionate about caring for our patients. They understand the importance of building strong relationships and working collaboratively with their colleagues. They joined our team because their dedication to patient-centered care aligns perfectly with our mission and values.

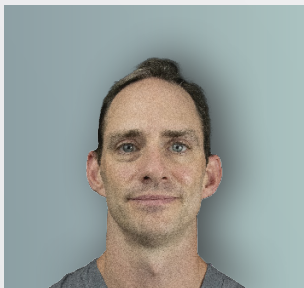
We are excited for you to meet our newest caregivers and experience why we believe so strongly that they represent a great investment for the future. Our community can feel confident that Littauer will provide the highest quality of care with a strong team of dedicated and skilled medical professionals.



13 NEW PROVIDERS IN 2022



BETINA COURTENS, NP
Johnstown Primary Care
Family Practice



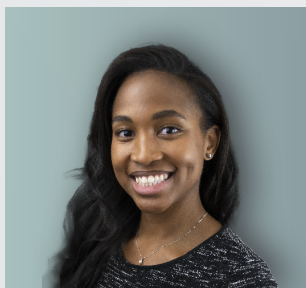
MATT CROWLEY, PA
Broadalbin Primary Care
Family Practice



MARIANNA DUBOVSKA, DO
Nathan Littauer Hospital
General Surgery



KAITLYN DULSKI, NP
Fonda Primary Care
Family Practice



AIMALOHI GRAY, MD
Gloversville Primary Care
Family Practice



JEANINE HESS, NP
Broadalbin Primary Care
Quick N' Sick



AUBREY MENDOZA, PA
Perth Primary Care
Obstetrics & Gynecology



LISA MORRIS, WHNP
Perth Primary Care
Obstetrics & Gynecology



NIMITARIYE PRINCEWILL, MD
Mayfield Primary Care
Pediatrics



KORTNEY SMITH, PA
Perth Primary Care
Quick N' Sick



KRISTYN SPENCER, PA
Gloversville Primary Care
Quick N' Sick



HENRY STEPHEN, MD
Gloversville Primary Care
Obstetrics & Gynecology



DANIELLE TORTORICI, PA
Amsterdam Primary Care
Quick N' Sick

" I LOVE THE COMMUNITY, MY PATIENTS, AND MY COWORKERS. IT'S THE BEST PLACE I HAVE EVER WORKED. I AM IMMENSELY PROUD TO BE A PROVIDER AT NATHAN LITTAUER. I WANT PATIENTS TO KNOW THAT WE LOOK BEYOND THEIR DIAGNOSIS TO HELP THEM AS A WHOLE."

~ MARIANNA DUBOVSKA, DO

WORKING AT NATHAN LITTAUER

JOIN THE BEST PEOPLE IN THE BUSINESS.



Working at Nathan Littauer can be an incredibly rewarding experience for those interested in healthcare. The opportunity to work close to home with patients, their families, and a team of dedicated professionals makes every day an exciting and fulfilling challenge.

If you are passionate about healthcare, and want to make a real difference in the lives of others, consider exploring the many opportunities available at Nathan Littauer Hospital and Nursing Home!



Visit nlh.org/careers to work with our amazing team!



Engineering Services' James "Jim" Morey

WORKING IN HEALTHCARE HELPS PATIENTS HEAL... AND MORE!

At Nathan Littauer, staff play an essential role in improving our patients' overall well-being. From assisting with routine check-ups, performing maintenance on equipment, and administering medications to registering patients and preparing meals, all of our staff members contribute in the care of our patients.



Nathan Littauer's Respiratory Therapy Team

BEYOND THE PERSONAL OF HELPING OTHERS, HEALTHCARE JOBS OFFER MANY OTHER BENEFITS.

Littauer offers professional development opportunities to learn and grow with us. Additionally, we provide comprehensive benefit packages, including health insurance, retirement plans, and paid time off.



Nutritional Services' Travis Riscen

WORKING AT YOUR LOCAL COMMUNITY HOSPITAL ALLOWS YOU TO BE A PART OF SOMETHING BIGGER.

The work of our staff has a direct and positive impact on our community. Be part of a dedicated team of professionals committed to excellence.

FEB 14 - THE DAKE FAMILY (STEWART'S SHOPS) DONATES \$100K FOR LITTAUER'S SECOND GE AMX 240 PORTABLE X-RAY UNIT

LITTAUER'S ELECTRONIC MEDICAL RECORD

LEVERAGING TECHNOLOGY

With 18 months behind us, we are leveraging and enhancing our incredibly powerful electronic medical record (EMR) software, a robust tool providing easy access to patient data and enhancing safety.

The transition from several legacy systems to a single integrated system has not only brought us up to speed with the latest technology in the healthcare field, but it has also allowed us to provide our patients with more seamless and efficient care.

With our EMR, patient health records are securely stored and easily accessed by our healthcare professionals. This improves our ability to provide timely and accurate diagnoses and treatment plans. Nathan Littauer patients have access to their own medical records through a patient portal, allowing them to view their medical information from their own devices.

The transition to our latest EMR system streamlines communication between our providers and facilities. For example, Nathan Littauer primary care physicians can now easily share important information with specialists. In addition, our EMR will help reduce the chance of medical errors, enhance safety, and improve the overall quality of care.

We understand that change comes with a learning curve, but we are confident that the benefits to our patients and community are worth it. We are excited to bring our healthcare system into the 21st century and look forward to the positive impact this upgrade will have on the lives of our patients and our community.



WHAT DOES THIS MEAN FOR OUR PATIENTS' CARE?

- RELIABILITY
- ACCESSIBILITY
- PORTABILITY



QUALITY CARE FOR THE PEOPLE OF AMSTERDAM

Nathan Littauer's Amsterdam Primary and Urgent Care Center opened its doors to patients at the end of 2021. The center provides convenient medical care to patients of all ages in the Amsterdam area.

This is not a typical primary care practice. Littauer envisioned a one-stop shop for patients with busy lives. Beyond routine checkups, patients can receive vaccinations, diagnostic testing, laboratory draws, and treatment for acute illness. Urgent Care adds another layer of convenience. With quick access to treatment for non-emergent injury and illness seven days a week.

Expect the unexpected. Our Amsterdam Center is equipped with a CT scanner, and an X-ray machine, and performs DOT physicals Monday through Friday.

Sharing the building with Littauer, the Albany Med Health System offers a range of pediatric specialty care in about a third of the space, allowing our patients access to medical specialties not available elsewhere in the area.

Nathan Littauer's Amsterdam Primary and Urgent Care Center is a valuable asset to the community. Situated in the center of the region's busiest traffic corridor, this site is serviced by public transportation and will continue to adapt to meet community needs.

More information about our Amsterdam Primary/Urgent Care Center is available on our website.



MAR 22 - ALBANY MED, NATHAN LITTAUER BRING MULTISPECIALTY CARE TO AMSTERDAM AT CARE CENTER

2022 BY THE NUMBERS



124,492

PRIMARY CARE
OUTPATIENT VISITS

20,679

ER VISITS



394,758

LAB TESTS

2,587

ADMISSIONS



397

SLEEP STUDIES

312

DELIVERIES



THERAPY VISITS

HOSPITAL

PHYSICAL THERAPY

18,430

OCCUPATIONAL THERAPY

1,727

SPEECH THERAPY

557



NURSING HOME

PHYSICAL THERAPY

10,706

OCCUPATIONAL THERAPY

10,896

SPEECH THERAPY

139

ECONOMIC & COMMUNITY IMPACT

ECONOMIC ACTIVITY
\$229,000,000

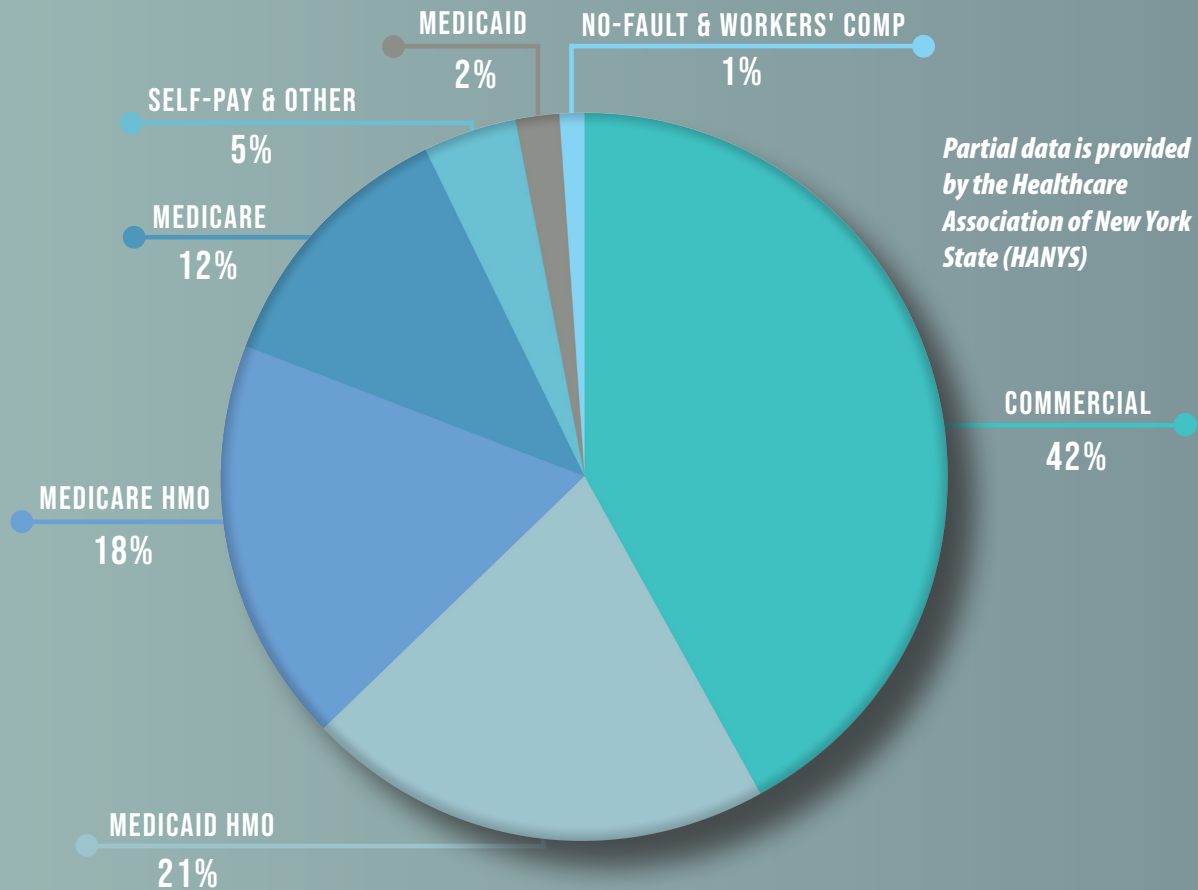
TAX DOLLARS GENERATED
\$30,000,000

JOB'S GENERATED
1,500

COMMUNITY INVESTMENTS
\$24,000,000

PAYROLL EXPENDITURES
\$74,000,000

OUTPATIENTS
235,000



A "RAY" OF HOPE FROM THE DAKE FAMILY

STEWART'S SHOPS HELPS NATHAN LITTAUER

"During the pandemic, Nathan Littauer Hospital took twice as many X-rays on any given day," said Diagnostic Imaging and Cardiopulmonary Services Director Dwayne Eberle. So, the hospital needed a second digital machine to support the daily demand and to replace an aging analog unit.



From left: Nathan Littauer Foundation Board Chair David D'Amore, Director Diagnostic Imaging Dwayne Eberle, VP Geoffrey Peck, CEO Sean Fadale, Stewart's Shops Meco Location Manager Brittany DuRose, and Stewart's District Staff Lindsay Brown in an imaging room receiving the \$100,000 check from Stewart's Shops.

Enter Stewart's Shops and the Dake family, which provided a \$100,000 donation to pay for a second GE AMX 240 portable X-ray unit. "We did have two machines – one analog, one digital – but as the analog system started to die, that's when we knew we needed to reach out to a supporter," said Nathan Littauer President and CEO Sean Fadale. "Stewart's Shops was right at the top of the list to assist us in replacing that equipment, so we can provide the care that is necessary for our patients and our community."

The digital machine can instantaneously provide high-quality images, whereas the analog machine required a process that took between 5 and 10 minutes to convert the analog files into a readable digital format. That might not sound like a lot of time, but in a healthcare setting, where every second can literally mean life or death, time is critical. The machine can also be transported throughout the hospital – the emergency department, the intensive care unit – eliminating the need to move patients to the imaging center. All of that can boost efficiency in care, thanks to Stewart's Shops and the Dake family.

This is not the first time Stewart's has provided major financial support to the hospital. The convenience store chain also donated \$250,000 to help support the 2019 construction of Nathan Littauer's Gloversville Primary Care Center – a project that totaled \$4 million.

Nathan Littauer Hospital and Nursing Home is incredibly thankful to Stewart's Shops and the Dake family – their generous gift will allow the hospital to give back to the community tenfold!

INVESTING IN OUR NURSES

NATHAN LITTAUER'S NURSE RESIDENCY PROGRAM

One of Nathan Littauer's Nursing goals is to recruit and retain top talent. We take great pride in our nurses, and to achieve this goal, our nursing leadership team traveled to local nursing schools to promote our nurse residency program, career opportunities, and growth potential within our organization.

In the spring/summer of 2022, 13 new graduate nurses joined the program, and 12 have remained at Nathan Littauer. Learn more about Nathan Littauer's Nurse Residency Program on our website at: nlh.org/health-services/nursing.



NLH also rejoined the Care Consortium. The Consortium, comprised of seven area hospitals, works to teach the fundamentals of critical care.

Courses offered include: ECG Interpretation, Critical Care Essentials, ED Core, 12 Lead ECG, and Balloon Pump. Our ENA (*Emergency Nurses Association*) Residency Program provides a strong foundation for the graduate nurse or experienced nurse who is new to the critical care areas.

A LIST OF NATHAN LITTAUER

PHILANTHROPIST'S SOCIETY - \$100,000 - \$499,999

Stewart's Shops

CHAIRMAN'S GIFT SOCIETY - \$50,000 - \$99,999

Johnstown Hospital Foundation, Inc.

Kemp Family Foundation

Arlene N. Superko Estate

Taylor Family Foundation

LEADERSHIP GIFT SOCIETY - \$25,000 - \$49,999

The Crown Family

Millennium Medical Imaging, PC

NBT Bank Bancorp

MAJOR GIFT SOCIETY - \$10,000 - \$24,999

Argersinger Charitable Trust

NLH & NH Auxiliary

Sodexo Services, Inc.

Ronald & Petrina Zimmerman

BENEFACTOR'S SOCIETY - \$5,000 - \$9,999

Bond, Schoeneck & King, PLLC

Mohawk Healthcare

Ellen J. Wood

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DONOR'S SOCIETY - \$1,000 - \$2,499

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 Saratoga Casino Hotel
 Jean Sargeant
 Semione Semione's Professional Cleaning &
 Restoration Services, LLC/Peter Semione
 Water Safari
 WNYT 13

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In Honor of "All Those in Need"

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In Honor of Heidi Atty

Gerald R. Frisbie

In Honor of Mr. and Mrs. Richard Berger

Gerald R. Frisbie

In Honor of Geoffrey Peck

Laurence K. Zuckerman, CPA, MST

In Honor of David R. Pesses, MD

In honor of his retirement
 S. Peter Feldstein

In Honor of Ruth Reuchlein

Esther DuBois

In Honor of "Those who have served and all those serving our Country - Thank You"

Carrie E. O'Dell

In Memory of "All Those Who Passed with COVID"

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In Memory of Lillian Leona Whipple Argotsinger

Ronald M. Olinsky and Nancy A. Travis

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Kristina Anderson

In Memory of Ethel Bailey

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Marilyn Cornell

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Mary Lou Crane

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Carmelo D'Amore

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Mary Jane Engelhardt

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Mary Jane Engelhardt

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of Wells Fargo Advisors
Ronald M. Olinsky and Nancy A. Travis**In Memory of Francis H. Felts, III**

Francis H. Felts

In Memory of Peter Fiorello

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Gerald R. Frisbie

In Memory of Mark Gavin

Ruth Gavin

In Memory of Betty Lou Green*(Littauer School of Nursing, Class of 1953)*

NLH Nurses Alumnae Association

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Jerry R. Green

In Memory of Frank J. Havlick

Ronald M. Olinsky and Nancy A. Travis

In Memory of Everett G. Hawes

Karen and Richard Hawes

In Memory of Douglas Hayner

Cora Hayner

In Memory of Eric Hayner

Cora Hayner

In Memory of Harry J. Hayner

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Thank you to the individuals, businesses, and organizations listed, which have demonstrated a shared vision for Nathan Littauer Hospital and Nursing Home's passion for creating the most relevant system of local healthcare services possible.

These gifts are an investment, which assures our hospital is best prepared to deliver exceptional healthcare. With our heartfelt thanks, we list our 2022 donors.



THE EVENT 2022

AN EVENING OF ELEGANCE

In October 2022, we celebrated with our donors!

It was an evening of such spectacle, and we hope to see many of you at THE EVENT 2023!



NOV 18 - NATHAN LITTAUER'S BIRTHING CENTER HELPED
DELIVER A 14-LB. BABY BOY!

A MESSAGE FROM THE NATHAN LITTAUER FOUNDATION

Someone recently asked me, *"Why would anyone want to be in the hospital business?"*

It's not an easy business, but tasks of great importance are rarely easy. Despite the complexity of delivering healthcare, as I write this, 926 individuals here at Nathan Littauer Hospital want to be in the hospital business. Why? Because helping people heal and maintain their health is vital and rewarding work.

As showcased in this report, we are adapting to new challenges. Those demands make the fundraising work of the Nathan Littauer Foundation more crucial than ever. In 2022, The Foundation purchased \$1,200,000 of equipment and provided an additional \$300,000 in operating support for our hospital. Some of those purchases include:

- State-of-the-art robotic guidance technology for our surgical center.
- Clean Air machines, PAPRs & Well Screen scanners to bolster patient safety and security.
- A portable X-Ray Machine to replace an aging unit.
- A stress test system & automatic blood pressure cuff for our Cardiology department.
- Recovery Chairs for the comfort of our outpatient surgery patients

The Foundation Board of Directors has worked tirelessly, raising funds to meet the hospital's needs. The Board has worked closely with Littauer leadership to plan and prioritize purchases that significantly impact patient safety and outcomes. All of this is possible due to the generous support of our donors. I hope you will consider helping us meet our patient's needs with a gift in 2023. Community support lets our team know that their work is appreciated and helps them keep going when the work is hard.

We want to be in the hospital business and are **proud to be your hospital**. Thank you for your trust and confidence.

Sincerely,

Geoffrey Peck
Executive Director, The Nathan Littauer Foundation
Vice President, Nathan Littauer Hospital & Nursing Home





**NATHAN
LITTAUER**

Hospital & Nursing Home

NATHAN LITTAUER HOSPITAL AND NURSING HOME
99 EAST STATE STREET, GLOVERSVILLE, NY 12078

Here's to 2023!

We want to take a moment to reflect on the importance of our hospital, nursing home, and primary/specialty/urgent care centers in the community and the role we play in providing essential healthcare services to our neighbors. As a community hospital, we have always been committed to serving the needs of our people, and ensuring that every person who walks through our doors receives the highest-quality care possible.

We understand that our hospital has been a fixture in this community for many years, and we are proud to say that we will be here for generations to come. We believe that access to healthcare is a fundamental right, and we are dedicated to providing care that is both accessible and affordable for everyone.

Nathan Littauer has invested in the latest medical technology and equipment to ensure that our patients receive the best care possible. We have also built a team of highly trained, compassionate healthcare professionals who are committed to providing personalized care that meets the unique needs of our patients.

As we look to the future, and to the rest of 2023, we are excited to continue our commitment to serving the needs of our community. We believe that by working together, we can create a healthier community for everyone.

Thank you for your continued support of our healthcare organization. We are honored to serve this community and look forward to being here for you and your loved ones for many years to come.

Your Neighbor in Good Health,
Nathan Littauer Hospital & Nursing Home

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