

Meet Nathan Littauer's
(International Board-Certified Lactation Consultant)

IBCLC Nurse, Robbien Quill!

Hi, I'm Robbien Quill, a board-certified lactation consultant and labor & delivery nurse at Nathan Littauer Hospital. For 28 years, I've had the privilege of supporting families through one of life's most meaningful journeys — welcoming a new baby.

Milk and Cookies is our biweekly support group for new parents — whether you're breastfeeding, pumping, or bottle feeding. It's a safe, welcoming space to ask questions, build community, and get support in a relaxed, open-house setting.

We know rural families face unique challenges. That's why we're committed to meeting parents where they are — with compassion, evidence-based care, and personalized support.





**NATHAN
LITTAUER**

Hospital & Nursing Home

As a highly-trained, educated IBCLC, I actively attend continuing education seminars and professional trainings to stay current on best practices in labor, delivery, and breastfeeding. We bring high-quality, evidence-based care to a community that deserves nothing less.



We want to ensure families can come back for hands-on lactation support and not fall through the cracks. I am available to set up appointments for parents to come in and work with me one-on-one.

Milk and Cookies Support group is held in the Nathan Littauer Hospital Auditorium on the ground floor from Monday evenings from 4 pm - 6 pm in an open-house forum. Please see the flyer for scheduled dates. Appointments for one-to-one lactation follow-up can be made by calling the Birthing Center of NLH at (518) 773-5710 or contacting me directly by email at rquill@nlh.org