



NATHAN LITTAUER

Primary/Specialty Care Centers

Department of Obstetrics & Gynecology

[f_Reg Attending Provider]

[f_Amb Selected Loc Addr1] [f_Amb Selected Loc Addr2]

[f_Amb Selected Loc City], [f_Amb Selected Loc State] [f_Amb Selected Loc Zip]

Office Phone Number: [f_Amb Selected Loc Phone]

Date: [f_Mis Current Date;DATE=Long]

Patient: [f_Him Name Full]

DOB: [f_Him Birthdate;BDATE=Numeric10]

Surgery Date: To Be Determined by OR Scheduler

If you have any questions regarding;	
<ul style="list-style-type: none">- Procedure reschedules.- Procedure cancellations.- If you have not received a notification with a procedure date after a week of being seen in the office. <p>Please call Nathan Littauer OR Scheduling at 518-773-5668.</p>	<ul style="list-style-type: none">- Office appointment reschedules- Office appointment cancellations- Medication refills- Questions for your provider- Questions regarding prep for procedure <p>Please call [f_Reg Attending Provider]'s Office at [f_Amb Selected Loc Phone].</p>

**PLEASE READ COMPLETELY
ALL INFORMATION IS IMPORTANT TO YOUR SURGERY**

INSTRUCTIONS FOR PROCEDURE

Your procedure is at risk of being cancelled, if you fail to meet the below or are late.

- Have **NOTHING** to eat or drink (**not even water**) after midnight the night before procedure.
- No gum chewing, smoking, hard candies, or cough drops after midnight before procedure.
- No recreational drug use 7 days prior to procedure.
- No make-up or nail polish.
- Remove **All** jewelry prior to arrival.
- If you are receiving anesthesia/sedation, you must have a responsible adult accompany you and take you home. They must be willing to drive/ride with patient to their home after surgery/procedure. If the patient is a pediatric patient, we recommend (2) transport persons. If you are unable to meet these requirements, please contact 518-773-5668.
- If you need an out of work note, or any paperwork completed (PFL, FMLA, or Disability), please bring to your doctor's office and allow 1 week to complete the appropriate paperwork.

Out-patient Surgery Appointment Information:

Your Pre-op testing may include:

☐ EKG

☐ Blood work

☐ Chest X-ray

☐ MRSA

☐

Other:

*** Please report to the Nathan Littauer Hospital main entrance, check in at the switchboard desk on your left. ***

PRE-OP APPOINTMENT with [f_Reg Attending Provider]

Date: ☐

Time: ☐

POST-OP APPOINTMENT with [f_Reg Attending Provider]

Date: ☐

Time: ☐

Which of my medications should I stop or continue before my Procedure

If you are on medications for any of the following conditions: Blood thinning, weight loss, diabetes, seizure, breathing, pain, heart, thyroid, anxiety/depression/mood/ and or stomach, please refer to the list below and continued on the next page to determine if you should continue or stop these medications prior to your procedure at Nathan Littauer.

Please follow these instructions **UNLESS** your doctor has specifically told you otherwise.

If there are any questions you need answered about how to hold or continue these medications you should call: [f_Reg Attending Provider] at [f_Amb Selected Loc Phone].

Which of my Medications should I stop or Continue before my Procedure

<u>Blood Thinning</u>	Stop 7 Days before procedure: Apixaban (Eliquis) Aspirin-dipyridamole (Aggrenox) Aspirin 325 mg Clopidogrel (Plavix) Prasugrel (Effient) Warfarin (Coumadin) Stop 5 Days before procedure: Ticagrelor (Brilinta) Stop 2 days before procedure: Dabigatran (Pradaxa) Rivaroxiban (Xarelto)
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<u>Weight Loss</u>	<p>GLP-1 Injections Stop 7 Days before procedure: Dulaglutide (Trulicity) Exanatide (Byetta) Liraglutide (Victoza) Lixisenatide (Adlyxin) Semaglutide (Ozempic, Rybelsus, Wegovy) Tirzepatide (Mounjaro, Zepbound)</p> <p>Injections Stop 14 Days before procedure: Adipex-P (Phentermine)</p>
<u>Diabetes</u>	<p>Check with your provider who prescribed this to you to determine if/when you should stop this. If you are taking pills for your diabetes these should generally not be taken on the morning of surgery unless told otherwise by your doctor.</p> <p>Alogliptin (Nesina) Glimepiride (Amaryl) Glipizide (Glucotrol) GLP-1 injection or Pill (Ozempic, Rybelsus, Trulicity, Byetta, Victoza, Mounjaro, Adlyxin, Wegovy) Glyburide (Micronase) Insulin (NPH< Flargine, Detemir, Degludec, Regular, Lispro, Aspart, Glulisine) Nateglinide (Starlix) Metformin (Glucophage, Fotament) Pioglitazone (Acots) Repaglinide (Prandin) Rosiglitazone (Avandia) Saxagliptin (Onglyza) Sitagliptin (Januvia) SLGT-2 TYPICALLY HELD FOR THREE DAYS PRIOR TO SURGERY – CHECK WITH YOUR PRESCRIBING PROVIDER FOR INSTRUCTIONS ON THIS (Jardiance, Invokana, Steglatro, Brenzavvy, Inpefa)Tolazimide (Tolinase), Depagliflozin (Farxiga)</p>
<u>Seizure</u>	Take any seizure medication on the day of surgery at your normal time with a small sip of water unless specifically told otherwise.
<u>Breathing</u>	<p>Medication for Asthma, COPD, Emphysema should be taken on your normal routine unless specifically instructed otherwise.</p> <p>Do not hesitate to use your "Rescue" inhaler if needed on the day of the procedure.</p>
<u>Pain</u>	<p>NSAIDS (Diclofenac, Voltaren, Naproxen, Aleve, Naprosyn, Meloxicam, Mobic, Ibuprofen, Motrin, Advil) should all be stopped 4 days prior to surgery.</p> <p>Aspirin containing medications should be stopped 7 days prior to surgery unless it is a "Baby Aspirin 81 mg" Baby aspirin can be taken up to the day of your procedure unless instructed otherwise.</p> <p>Acetaminophen (Tylenol) can be take up until the day before your procedure.</p> <p>Other prescribed pain medications can be taken as prescribed until the of surgery unless instructed otherwise.</p>

<u>Heart</u>	Most Blood pressure and cholesterol medications can be taken as prescribed up until the day of your procedure unless told otherwise by your provider.
<u>Thyroid</u>	Levothyroxine (Synthroid) may be taken with a small sip of water on the day of the procedure.
<u>Stomach</u>	<p>Unless instructed otherwise by your provider you make take prescribed antidepressant, anti-anxiety medications up to and including the day of the procedure.</p> <p>Medications used to treat GERD, heartburn, or ulcers may be taken as prescribed on the day of surgery as long as they are in PILL form.</p> <p>DO NOT TAKE liquid medications or chewable medications such as Maalox, Pepto Bismol, Gaviscon, Mylanta, or Milk of Magnesia.</p>
<u>Anxiety/</u> <u>Depression/</u> <u>Mood</u>	Unless instructed otherwise by your provider you make take prescribed antidepressant, anti-anxiety medications up to and including the day of the procedure.