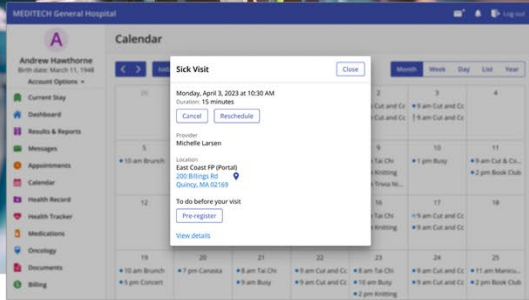


How the Portal Works for You



AVAILABLE AT YOUR CONVENIENCE

We understand your time is valuable. The portal makes time-consuming tasks simple... a few clicks, and you're done.

- Access complete health information online, versus over the phone or in person
- Request appointments
- Pre-register for scheduled appointments
- Request prescription renewals
- Pay your bills online

YOU CHOOSE THE WHEN AND WHERE

Access to the portal is on your schedule, whether at home or on the go.

- Easily access your portal from a mobile device -- Simply download the MHealth App from the Apple and Google Play stores and log in using your portal credentials
- Manage information 24/7, without waiting

KEEP THE MOST IMPORTANT PEOPLE IN THE LOOP

You can connect with your providers and keep your family informed at the same time.

- Exchange messages with your provider between visits
- Give authorized family members access to your health information

All of Your Information, in One Place

The Nathan Littauer MyHealth is an online tool that goes a step beyond simply displaying information by helping you manage your healthcare easily and securely.

➤ HEALTH INFORMATION

Lab and exam results
Allergies and conditions
Immunizations
Medications, including renewals
Current stay information
Visit history
Discharge instructions
Health summary

➤ ALLERGIES AND MEDICATIONS

Medications
Allergies and Conditions
Immunizations
Medications with Instructions

➤ APPOINTMENTS

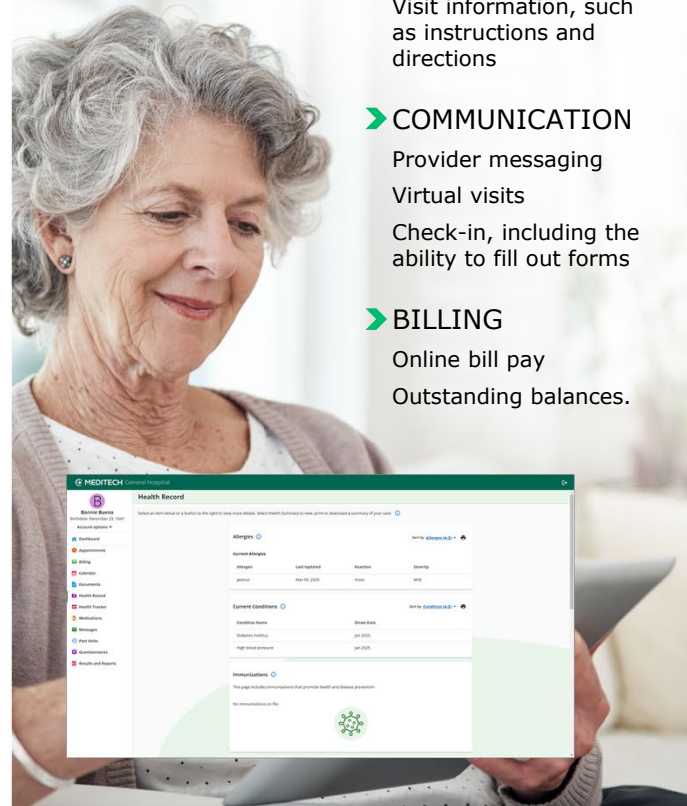
Appointment requests and self-scheduling capabilities
Visit information, such as instructions and directions

➤ COMMUNICATION

Provider messaging
Virtual visits
Check-in, including the ability to fill out forms

➤ BILLING

Online bill pay
Outstanding balances.



FAQs: You Have Questions, We Have Answers

WHERE DOES MY HEALTH INFORMATION IN THE PORTAL COME FROM?

All of the information in the portal comes from your Nathan Littauer Electronic Health Record. This ensures that you have access to the most accurate, up-to-date information possible.

HOW DO I LOG INTO THE PORTAL?

To log into the portal, either find Nathan Littauer within the MHealth App or visit the Nathan Littauer MyHealth link on www.nlh.org website. Then, simply enter your user name and password (see enrollment information on the reverse side of this page).

CAN MY FAMILY ACCESS MY PORTAL?

Yes, you can give family members, such as parents or healthcare proxies, access to your portal. This needs to be done within your healthcare facility and requires consent from you and your family member(s).

IS MY INFORMATION SAFE?

Yes. Portal passwords are encrypted and URLs are re-written so that they cannot be copied and pasted. You and authorized family members are the only ones who can access your portal. Also, a timeout feature protects your information if you leave the portal page open.

WHAT IF I EVER HAVE TECHNICAL PROBLEMS WITH THE PORTAL?

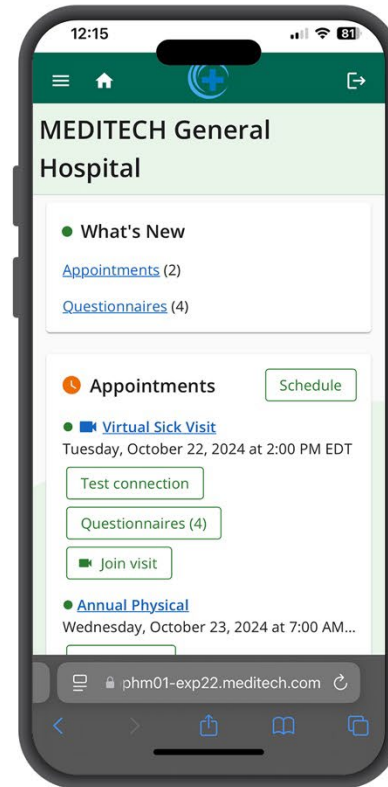
There is a Contact Technical Support section on the homepage of the portal that allows you to submit any questions you have regarding the portal. You can also email (portalhelpdesk@nlh.org) or call (518-775-4399) for assistance.

Enrollment is Easy

- **Visit** our website:
www.nlh.org
- **Click** on Patient Portal button
- **Complete** enrollment questionnaire by providing name, DOB, email, etc.
- **Access** your email and click the "click here to sign in" link. Then click sign in.
- **Create** a new username and password
- **Visit** the Apple or Google Play Stores and download the MHealth App
- **Explore** Nathan Littauer Patient Portal

Smartphone Friendly

Access *your* health information from *your* phone



Patient Portal Support:

518-775-4399
portalhelpdesk@nlh.org
99 E State Street
Gloversville, NY 12078

Nathan Littauer MyHealth



STAY INFORMED
STAY IN TOUCH
STAY IN GOOD HEALTH

➤ **EXPLORE THE PORTAL!**



MEDITECH