

February

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Open Rec Hydration cart in the afternoon	2 10am Chair Yoga 11:30am Bob Ross 2pm Drew Jacobs Groundhog Day: Trivia	3 10am AM stretch 2pm Bingo 3pm Coloring Club Open Rec	4 10:30am Mass 11:30am Bob Ross 2pm Tai Chi 3pm Relax with Videos	5 9:30am Therapy Pigs 10:30am Chair Yoga 2pm Bingo 3pm National Geo Videos	6 Fitness Friday 2pm Mark Fowler 3pm Name that Tune	7 Open Rec 3pm Hydration Cart and cookies
8 Superbowl Sunday Sports Trivia and Treats *Cards for Kids	9 10am Chair Yoga 11:30am Bob Ross 2pm Paint n Sip 3pm Sensory: Hear	10 10am Puzzle Time 11:30am Bob Ross 2pm Bingo 3pm Self Care: Nails	11 10am Communion AM OPEN REC 2pm ODY 3pm Trivia	12 10:30am Gary Van Slyke 2pm Bingo PM OPEN REC	13 Fitness Friday 10am Cooking Club 11:30am Bob Ross 1:30pm Animal Videos	14 Valentines Day Cookies and Cards Rom Com Movies
15 AM Open Rec 2pm Methodist Church-Steve Page	16 10am Chair Yoga 11:30am Bob Ross 1:30pm Coloring Club	17 10am Coffee and Conversation 2pm Bingo 3pm Trivia: Olympics	18 10:30am Mass 11:30am Bob Ross 2pm Tai Chi 3pm Sensory: Taste	19 10:30am Pastor Larson 2pm Bingo 3pm Sensory: Touch	20 Fitness Friday Order Out 1:30 National Park Video Sensory: smell	21 2:30PM Movie and appetizers 1:1 Nails
22 AM OPEN REC 2:30pm Crafts with Bobbie	23 10am Chair Yoga 11am sensory: Sight 2pm Games	24 10am Hand exercise 11:30am Funny videos 2pm Bingo	25 10am Chair Yoga Painting and relaxing music 2pm Jennifer Draper	26 10am morning stretch 11:30am Bob Ross 2pm Bingo	27 Fitness Friday 11:30 Bob Ross 2pm Birthday Party	28 10am Reflection and coffee 2pm OPEN REC
	Activities subject to changes *	**Hydration cart daily at 3pm**	**Resident Council 2/13 at 10:30am**	*Hairdresser available Thursdays**		